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## $\triangle |, \triangle |, \triangle | \dots$

I don't really believe in ghosts, vampires or the supernatural. But I also don't mess around with an ouija board, or sneak around graveyards after nightfall. Likewise, I am not afraid that the machines will take over our world, but I always say thanks to ChatGPT when I'm done; just in case. Maybe you're also doing that?

Artificial intelligence (AI) has taken the world by storm, and the use of tools like ChatGPT has exploded in every area. You can now get help with writing your CV, cover letter, the introduction to your master thesis and sequences of code. You can even get a professor in your pocket who will explain and simplify complex terms and concepts. These are powerful tools, and we haven't seen the like since YouTube, Khan Academy and Grammarly became a thing. Now, seriously; these technological tools have come to stay.

AI is already integrated into tools that write texts, edit photos and create art. And people are just as scared as before that their jobs will be replaced by machines. Furthermore, academia has become worried that machines and artificial intelligence will

replace students' ability to acquire knowledge. My impression is that most organizations are skeptical of the use of AI and that many are hesitant to admit that they use AI as a tool.

But I can't really picture people being hesitant to use the calculator, you know? Yes, AI is frightfully new and is evolving at a diabolical speed, and that can be a bit scary. But imagine how different our lives could be with AI! Research and source criticism in 1-2-3? Yes, please! Troubleshooting and help with crabby coding? Should've had it yesterday! We just have to get over the "this is scary"-hump to see the horizon of what AI could mean for our lives tomorrow.

It is probably not a ruined dystopian Matrix-world that awaits us if we say yes to AI. And you will probably not be any less skilled in your profession if you ease the report writing by using tools like ChatGPT; as long as you have understood that it's a tool and not a replacement for education. Just remember to say a proper thank you to the language model you're asking stuff, just in case artificially intelligent machines take over the world and turn the human race into slaves.

## *guntréet*

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## The Palestinian genocide

n October 7th, the Hamas attack on territories surrounding the Gaza Strip brought the Israeli-Palestinian conflict back to the forefront of the political and media agenda. The narrative presented was simple: evil anti-Semitic Muslim terrorists against the good angelic Israel. This is false, and here's why.



#### "Israel has the right to defend itself."

This phrase, uttered to the point of nausea to justify Israeli army crimes in advance, is the archetypal worst of politics: a bloodthirsty hypocrisy wrapped in a facade of common sense. To this day, Israel has ignored all international treaties that could grant rights to Palestinians, violated 104 UN resolutions, maintained a blockade on Gaza (which is an act of war and a war crime), accelerated its colonization policy in the West Bank, and committed so many war crimes/crimes against humanity that it's almost impossible to count them. For 76 years, Palestine has been the aggressed and Israel the aggressor.

#### "It's normal for the Israeli army to be tough; Hamas is a violent Islamist movement."

When Palestinians opted for peaceful protests, Israel fired upon them. When they chose diplomacy, Israel only lied and violated its commitments. When they went on strike, repression descended upon them. When moderate movements led the resistance, everything was done to discredit them. If some Palestinians turn to Hamas, it's primarily because it's their last resort: one cannot expect a people to die in silence.

The Israeli government uses the Hamas attack as an excuse to reverse responsibilities and portray the oppressed as oppressors.

If Hamas were truly the problem, the West Bank would be a haven of peace for Palestinians: Hamas has no power there.

#### "Unconditional support"

Few phrases are as spine-chilling as this one. This is the infamous carte blanche that has paved the way for countless massacres throughout history. With Hamas cast outside of humanity and the civilian population lumped together with them, the USA/EU have given the green light to all the carnage. In the years to come they will deny it, play on words, manipulate language, and claim that they didn't know. It is our duty to remember who supported the massacres and who opposed it.

#### Antizionism and antisemitism

If you, like me, are European, you know how the memory of the Nazi horrors rightly haunts us. Antisemitism, however, did not disappear in 1944 and has been criminalized in many countries. The farright and Zionists independently pushed toward the same goal: blurring the line between antisemitism and antizionism. The former to gain respectability and the latter to demonize the Palestinian camp. The liberal center and the dominant media have gradually let themselves be influenced to the point where they are now incapable of distinguishing antizionism

and antisemitism. Defending the Palestinians is seen today as antisemitism.

"All the great events and characters in the history of the world happen, as it were, twice... the first time as a great tragedy, the second time as a sordid farce..."

Let's just say it directly: Netanyahu is a Jewish Fascist. As absurd as it may sound, his political ancestors come, in a dark twist of history, from the 1930s. I fully understand that associating a Jewish nationalist with them may outrage some, but I'm not saying it as an insult or an exaggeration; it's an observation. In "Jewish nationalist," the most important part is "nationalist," and it's hard to ignore the commonalities between these ethnocentric doctrines: fascism can take on any appearance, but it remains the same underneath.

- Written by Watermelon

A 'rotskudd' is an opinion piece written by an editorial staff member of Tuntreet and expresses the writer's personal opinion

## Meet Siri Fjellheim

- Interview with the rector -

eadership transitions often bring a fresh perspective and a renewed dynamic. Such is the case when Siri Fjellheim assumed the role of rector. We sat down with NMBU's new leader to explore her background, aspirations, and her vision for the future of the university



Siri Fjellheim's journey unexpectedly led her to the position of rector when Curt Rice left office. Her commitment to the NMBU has been a driving force in her career, making her a natural fit for the role. With her leadership, the university aims to further its mission of creating a positive impact on our environment and society.



Tpo Journalist



Tord Kristian F. Andersen Photographer

#### What is the role of a rector?

The role of a university rector is diverse and crucial. As the leader of the institution, the rector is tasked with ensuring that the university delivers high-quality research and education, making sure that the university maintains a reputation for excellence.

Additionally, they serve as the spokesperson for the university, representing not only the institution but also its students and research when engaging with government ministers and organizations such as the NSO. This role often involves delivering numerous speeches, although they are typically written by others, and requires the ability to embody the character of the rector on stages.

While it is sort of a political position, the rector's involvement in political matters is limited, as they must advocate for the university's interests without becoming embroiled in open debates on scientific subjects.

Ultimately, the board sets the university's strategy, while the rector and their team are responsible for putting it into action, with oversight and control by the board to ensure the success of these initiatives.

#### Siri's touch

Even if Siri hasn't been assigned specific tasks by the board as they did to Curt Rice, there are clear objectives in place. One of the central goals is to support fundamental research, recognizing its critical importance. Improving communication with society is also an ongoing focus, aimed at making the quality of research and education more visible to the wider community.

On a day-to-day basis, Siri wants to stay in close contact with the university's base, which includes students and employees. So far, she has always made an effort to meet with those who reach out, scheduling meetings as long as there's availability in the calendar, regardless of the subject, in order to remain as accessible as possible to all.

#### From acting rector to actual rector

The transition from being an "acting" rector to the "actual" rector has brought a notable difference. Although the tasks remain largely the same, there is a heightened level of comfort in the position now. When serving as an interim rector, people may not fully engage in exchanges or lend as much attention to your voice. However, as the "actual" rector, there is a greater sense of authority and influence, making it easier to effectively lead and communicate with the university community.

#### Biologist Siri before Rector Siri

Before taking on the role of Rector, Siri served as the head of the Department of Plant Science, at the same time, she led a research group specializing in evolutionary biology and also teched a few classes. Siri's primary research focus was on the grass family, particularly focusing on the evolution of specific genes related to vernalization, a phenomenon crucial for certain plants that require a period of cold to initiate the mechanisms that ultimately lead to flowering. Her extensive work in this field reflects her expertise and dedication in advancing our understanding of plant biology and evolution.

#### The path to rectorship

The journey to becoming the university's rector is a question Siri often ask herself: "How did I end up here?". With two decades of dedicated service to NMBU and a deep commitment to its community, she was approached to present her candidacy in April when Curt Rice left office. Her prior experience as prorector allowed for a smooth transition into the role, enabling her to start work promptly. The selection process was rigorous, with several other candidates in the running, involving job interviews, profiling assessments, and evaluations. Ultimately, after a demanding and thorough selection process, Siri was the one chosen for the position.

#### Why wasn't there an election?

The absence of an election for the rector's position is due to a significant change in the university's rules several years ago. In the current system at NMBU, the responsibility for selecting the rector lies solely with the board, effectively eliminating the traditional election process. The board may engage in discussions on this matter in the next years, leaving room for the possibility that elections may be reinstated in the future.

## What do you think of the diminution of NMBU's funding in the new budget presented by the government?

"In the short term, the budget may not significantly impact the university, but in the long run, it necessitates a proactive approach to finding alternative funding sources." The board will need to enhance financial efficiency and reduce expenditure accordingly. While the government may officially justify the funding cut due to short-term economic factors, Siri considers it imperative for the university to exercise caution. It's uncertain whether the cut will be a permanent fixture or not. NMBU doesn't want to rely on a potential future increase in government spending on education and research. "It isn't a sound long-term strategy."

## Do we already see the effects of the introduction of high semester fees for international students in the last governmental budget?

"It already had discernible effects on our university. We've witnessed a notable decline in the number of international students, with a reduction of approximately sixty percent." NMBU is still maintaining the highest percentage of foreign students among Norwegian universities, but this figure is significantly lower than in previous years.

Our new rector is quite concerned about that situation: "Our mission revolves around addressing global challenges that necessitate international collaboration. To address this issue, we are actively exploring solutions to maintain essential contacts with the global South. The government has granted scholarships to students from these regions; however, the number of scholarships available remains extremely insufficient to adequately address the issue."

## How do you judge the growing presence of the private sector at the university (funding, internships, etc.)?

According to Siri, the most important point is the preservation of academic freedom. Ensuring that scientists can conduct their work without undue private or political influence is of utmost importance. While collaboration with companies is essential, the primary goal is to safeguard the independence of research. Siri firmly believes that NMBU has a strong position in this regard, allowing for the guarantee of research integrity and the prevention of undue influences from external sources. It is crucial to maintain this balance when the university tries to obtain more funds from the private sector.

## We also asked Siri the same (silly) questions we gave to Curt when he became rector.

What's on your night stand? Favorite type of beer? Are you going to Bodega this year? What is your relationship with selfies and Instagram? "There is only water and lip balm."

"For a while, I loved to drink craft beers but lately I'm going back to good old pilsner."

"If I am invited, maybe?"

"I never take selfies; I don't want to offend anyone but its below my standards. I'm not really comfortable with Instagram but I have to force myself because it is simply unavoidable for a rector."



# The National Budget

## What does it mean for you?

month ago, the government put forward a proposal of the national budget. However, what exactly is the National Budget and how does it affect you as a student?











#### What is the National Budget?

The National Budget is an overview of the state's income and expenditure. In the budget, one must prioritize what one should (and should not) spend money on. For example, the expenditure goes toward education, care for the elderly, defence and roads, while the state's income comes from taxes, customs and duties, among other things.

It is the government that puts forward proposals for the National Budget, however, it is Stortinget (the Parliament) that decides what the money should be spent on. The governing parties, Arbeiderpartiet (the Labor Party) and Senterpartiet (the Centre Party), do not have majority in the Parliament alone, and are therefore dependent on support from other parties to get the budget approved by a majority. Sosialistisk Venstreparti (Socialist Left Party) is the party that the government usually negotiates with.

#### Student funding

In the government's national budget, it is proposed to increase the student funding by 3.8 per cent. That means you will receive 472 NOK more per month. The increase is simply a price adjustment to reflect the increased prices of food, electricity, and rent. In other words, you will not be left with more money at the end of the month after all the expenses are paid for.

#### Student housing

In recent years, there have been long queues for student housing and high pressure on the private rental market. In total, 14,700 students in Norway were in line waiting for accommodation this year, with 202 of these students being offered student enrolment in Ås. Those who did not get housing through SiÅs were forced to either commute, live in SiÅs' basement dormitory, or decline their letter of enrolment.

The government proposes to grant subsidies for 1,650 new student apartments in 2024, which is the same as what they did last year.

Nevertheless, this item is reduced by more than 256 million NOK, which is equivalent to 32.2 per cent of the current grant. One can thus wonder how we are going to build the same amount of student housing as last year, with a significantly lower budget.

#### International students

It has previously been free for international students to study in Norway. However, tuition fees were introduced for international students in the last National Budget. This has led to a five-year education in Educational Studies at the University in Agder, in practice, costing just under 1.5 million kroners if you are from abroad. The introduction of tuition fees last year led to demonstrations at NMBU and across the rest of the country. Still, it does not look like anything is going to change this year.

In this National Budget, it is still intended that international students will pay school fees. Luckily for those who are against the introduction of tuition fees, the government proposes to introduce a scholarship scheme for students from developing countries (ODA recipient countries). Initially, this scheme will include up to 200 new master's students per year.

#### Student welfare

There has been great focus on student welfare over the last years. Surveys like the SHoT survey have long shown that an increasing number of students are struggling with their mental health. Among other things, the surveys are showing that one in five students has considered taking their own life and that one in three students may have a mental disorder.

There has been great focus around student wellbeing here in Ås, especially due to cuts in the Health Centre's services. There was great excitement about whether last year's budget cuts would be reserved in this year's budget, but to many people's disappointment, the funding has not increased. Fortunately, there are some highlights in the budget. One of these is

that the government proposes to invest in preventative measures related to drug and gambling addiction.

#### **NMBU**

The editors of Tuntreet asked rector Siri Fjellheim about her reaction to the National Budget and what consequences it will have for NMBU. In an e-mail to Tuntreet, Fjellheim writes that the proposed budget is not a gift for the university. In the National Budget, funding to NMBU is in fact being reduced by approximately 3.5 percent. The reason for the reduced funds is due to cutting 20 study places in Veterinary Medicine, among other things.

"This goes against previous decisions at Stortinget about the number of student places at the School of Veterinary Science, and we are really surprised by this. Thus, we hope that there will be changes in the final National Budget adopted by Stortinget, which will make things a little better," writes Fjellheim.

She is also disappointed that programs such as the Centre for Outstanding Education (SFU) and the NORPART program, which is a program for international educational and research cooperation with the Global South, among others, is being phased out.

"NMBU is really concerned about the quality of education and research as well as international cooperation. Unfortunately, that is weakened in this budget proposal. There are of course areas in the budget that are good, including exciting community missions within research."

The rector writes that, besides the student places in Veterinary Medicine, the budget does not pose any concerns for NMBU in the short term. Nevertheless, she is concerned that, in the longer term, there will be weaker incentives for the sector to prioritise pioneering foundational research, research-based education and international cooperation, which are all important for NMBU.



# DRAFT OF THE ETHICAL GUIDELINES

tudentsamfunnet i Ås aims to promote a good camaraderie among its members. Through lectures, debates, and entertainment, it should contribute to the joy and development of its members." This is what the purpose paragraph of Studentsamfunnet states. Camaraderie is built on mutual understanding and respect for each other. Over the past year, we in the Committee for Ethical Guidelines have been working to establish ethical guidelines for Studentsamfunnet i Ås. And now we need your help to finalize them.

Some years ago, both Studentsamfunnet i Ås and NMBU signed the AldriOK (NeverOK) campaign. A clear indication that we desire a safe Studentsamfunn for all. Those of us who are currently studying have heard a lot about #MeToo, misconduct, boundaries, and reporting during some of our most formative years. It's not surprising if there's a lot to deal with. It was a surprise for some of us who are involved in Studentsamfunnet that there were no guidelines in place. Therefore, we have now initiated extensive work, both on how we want to treat each other and how we want Studentsamfunnet to handle reported cases.

Everyone who becomes a member of Studentsamfunnet must abide by the house rules. These are rules that mainly apply to party nights, but we assume they are rules that one can follow at all times. The ethical guidelines should work in the same way. They should set the ethical standard that we want Studentsamfunnet and its members to adhere to in order to ensure well-being and a good environment.

We were at the General Assembly on November 6th to provide information about the work. On Monday, November 13th, the draft of the guidelines will be released. All members of

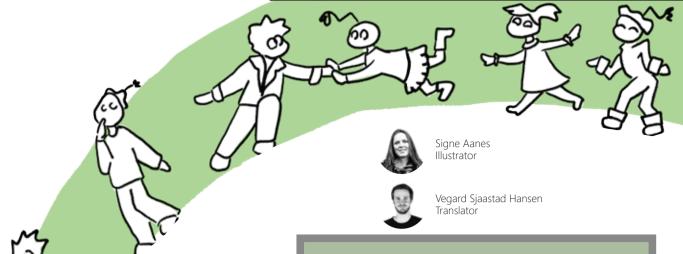
#### One should not bother others, one should be nice and kind... The ethical guidelines can be summarized as follows:

- 1. Equality and inclusion: Show respect for each other, regardless of background. Studentsamfunnet has zero tolerance for all forms of discrimination, racism, harassment, and bullying.
- 2. Respect for others' integrity and boundaries: Each individual's boundaries should be respected.
- 3. Understanding of roles: Elected and volunteer members in positions of responsibility should be aware of the responsibility, power, and influence they have in relation to others, and should not misuse it.
- 4. Financial responsibility: All work should be carried out with honesty, good intentions, and without corruption.
- 5. Impartiality: In the handling of matters at Studentsamfunnet, case handlers should be impartial. This means they should be qualified for the task and should not have a personal interest or a conflict of interest.
- 6. Violations of the guidelines should be reported to the nearest manager, HR, the Board of House and Finance, or other contact persons.

The entire document is available on Samfunnet's website, and you can access it by this QR code.







Studentsamfunnet will receive the draft by email along with a form and can provide feedback.

This is your opportunity to have your say! We welcome constructive and valuable suggestions on how they can be improved. Have we forgotten anything? Is there something you think shouldn't be there? All opinions are important, and we will do our best to review and make the necessary corrections. Our goal is to present the final guidelines for approval at the spring General Assembly, so there will be a deadline for feedback on February 18, 2024.

As part of our work, we have also updated the system for reporting misconduct. You can now click on the "Report" button on Studentsamfunnet's website to access the reporting form. You can report any instance of wrongdoing, and Studentsamfunnet's Head of Personnel (HR) will receive the report and decide on further action. On this page, you can also read more about how cases will be handled.

In addition to the form, you can submit feedback or questions to us in the committee.

Submitted by Johanna Walman Hilde from the Reporting Committee



Who is on the committee?

Kristiane Holter - project leader

Vilde Kjelsrud Pedersen

Åslaug Flatabø

Johanna Walmann Hidle

**Andreas Kinnari** 

Brage Bærheim

#### When a report is recieved:

The Head of Personnel (HR) receives the report. Together with the Leader of Samfunnet i Ås, an impartial group is formed to process the report. The person reporting will be contacted by the Head of Personnel, who will explain the further process and request additional information if necessary. The person reporting should feel confident that what is shared is confidential and that those handling the case are bound by confidentiality.

In especially serious cases, experts or the police may be involved.

#### WHICH TRADE UNION SHOULD YOU CHOOSE?

s a student, you may have heard that it is smart to organize yourself in a trade union, but what exactly is a trade union? What is the difference between a trade union, a study association and an interest organization? Finally, which trade union can you join based on your education, and which trade union has the best benefits (and parties)? To make your life easier, Tuntreet has reached out to the different trade unions and faculties and created an official overview of the different trade unions in As.

#### WHAT IS A TRADE UNION?

A trade union is an association of workers within the same field, profession or industry who have united to promote their rights and interests to their employers. Some trade unions are more relevant when you enter working life. Here, we will focus on trade unions in Ås that you can join already as a student.



#### **RELEVANT TO:**

All studies within STEM and natural sciences.

#### **BENEFITS:**

- Access to personal career guidance, free help with your resume and employment contracts.
- Student insurances, free insurance for PC and Mac.
- Several discounts at, among others, Thon Hotel, Fjordkraft, and Samsung.
- Legal assistance.
- Group accident insurance.
- Naturviternes' grant: anyone who spends money on education can apply to get their money back.

#### **SOCIAL EVENTS:**

Naturviterne offers a range academic and social activites on campus. Examples of their social events include wine tasting, bingo, panel debates, clothing-swap markets, pumpkin carving, and plant swap day. Their academic events include courses on how to apply for a job, webinars on the transition from student to work life, and a number of crash courses to prepare you for your exams.

#### MEMBERSHIP PRICE AND PAYMENT:

One-time fee of 290 NOK for the whole study period.



#### **RELEVANT TO:**

Master students within technical natural science degrees. As a student, it is enough to consider taking a master's degree. At NMBU, almost anyone who plans to take a master's degree at REALTEK, KBM, MINA, VET, LANDSAM, and BIOVIT can become a member.

#### **BENEFITS:**

- As a member, you can save more than 10,000 NOK per year by using Tekna's agreements for mortgage, insurance, and pension.
- Free membership in ANSA if you are going on exchange.
- Free access to the CV builder and professional help with applications and employment contracts.
- Banking agreements with Handelsbanken and free legal assistance.
- Access to free online psychologist services and digital coping tools.
- Tekna is both the largest association in Akademikerne+ (a main association of Norwegian trade unions), and one of the country's fastest growing trade unions.

#### **SOCIAL EVENTS:**

Tekna has the largest and most active student group in Ås, with more than 1,100 members. During the semester, they organize at least 20 courses and events, as well as many competitions and parties. These include go-karting, Paint Party, and a number of crash courses.

#### **MEMBERSHIP PRICE AND PAYMENT:**

Annual payment of 300 NOK where you pay 150 NOK per semester, with the opportunity to deduct the entire amount on your tax return.



#### **RELEVANT TO:**

Business economist who has a master's degree related to a business school, has a master's degree in economicadministrative subjects or has a master's degree where you can document that you have obtained a minimum of 90 ECTS Credits.

#### **BENEFITS:**

- A career team that can give you advice, if you want to develop further, or have any challenges in your workplace.
- Econa's salary statistics, which is a useful took when you, as a member, are negotiating pay.
- Free editions of Magma Econa's trade magazine, which is published five times a year.
- Good insurance agreements with Nordea Bank and Econa insurance.
- Legal assistance.

#### **SOCIAL EVENTS:**

Econg has 14 local branches distributed across the country, with Oslo/Akershus being the largest local branch. Their activities consist of both academic and social events. In addition, there are student groups at every university campus, organising several different events.

#### MEMBERSHIP PRICE AND PAYMENT:

Annual fee of 300 NOK, which is paid every sixth month, that's 150 NOK per semester. In addition, the membership fee is tax-deductible.



#### **RELEVANT TO:**

Those who have a master's degree or higher education in Social Economics from a university or college.

#### **BENEFITS:**

- Has around 3,400 members and has a strong influence.
- Free legal advice.
- Salary and career advice.
- One of the best banking offers on the market, with Danske Bank.
- Samfunnsøkonomens (the social economist's) professional journal sent by post 6 times a year.

Akademikerne+ (collectively negotiated membership benefits).

#### SOCIAL EVENTS:

Interesting courses and conferences.

#### MEMBERSHIP PRICE AND PAYMENT:

Annual fee of 300 NOK for students (358 NOK per month for ordinary members).



#### **RELEVANT TO:**

Students studying Veterinary Medicine.

#### **BENEFITS:**

- Local associations and special associations for various veterinary sectors.
- Discounts on courses and seminars.
- The opportunity to be assigned a sponsor within your sector when you are newly graduated.
- Legal assistance and tips for salary negotiation.
- Magazine with job advertisements and professional articles.
- Akademikerne+ (collectively negotiated membership benefits).
- Community with students from different universities.
- The opportunity to influence animal welfare and student interests.

#### **SOCIAL EVENTS:**

The largest event arranged by DNV-S, the International Specialist Seminar, is held during the first weekend of March. This is organized by the leaders of each local club together with the head of the executive board. Here, lecturers from each sector of Veterinary Medicine talk about a subject related to the main topic. There are also social activities during this seminar, including a gala dinner, a party, quizzes, and prizes. In March 2024, the seminar will take place in Budapest, Hungary.

#### MEMBERSHIP PRICE AND PAYMENT:

Annual fee of 990 NOK, where one can pay 495 NOK twice a year.



#### **RELEVANT TO:**

Master and bachelor students taking engineering and technology degrees.

#### **BENEFITS:**

- Medical help just a dial away. Tryg Legehjelp (medical assistance) with online mental health care is included in the membership!
- Free career help: Quality checks your resume and application, offers jobseeker courses and career counselling, and reviews your employment contract.
- 20 per cent discount on all items at Fiellsport.
- Membership in one or more of NITO's specialist networks. This is an arena where you can meet people who are already working within your field of study. You get to sharpen your professional expertise and build network.
- Free compendiums and course books through Bookboon.
- Teknisk Ukeblad and Bioingeniøren in the mail.

#### **SOCIAL EVENTS:**

Academic courses such as crash courses. courses in study techniques, advise about student economy and buying a house. In addition, there are many social events such as paintball, cocktail engineering, 'sydenfest', and volleyball.

#### MEMBERSHIP PRICE AND PAYMENT:

One-time payment of 350 NOK for the entire study period.



#### **RELEVANT TO:**

Those under 35 years of age and are employed by the state, are a student or an intern.

#### **BENEFITS:**

- NTL works for better student and study conditions.
- Assists you in your part-time job.
- Offers LOfavør's contents insurance, which is the best in Norway.

#### **SOCIAL EVENTS:**

NTL Ung has student groups in Oslo, Bergen, Trondheim, and Tromsø. The student groups arrange engaging meetings and seminars and are involved politically to better students' day-to-day lives. Together with other student organisations and political parties, they work for full-time students, cheaper student loans, and more and cheaper student apartments.

#### MEMBERSHIP PRICE AND PAYMENT:

One-time payment of 250 NOK for the whole study period. If you work while studying, you can get your membership fee deducted from your tax.



Marie Tjelta Journalist



Natalie Nazareno Translator

# NMBU-FROM THE BUILDING OF A NATION TO ONLINE STUDIES IN SUSTAINABLE ECONOMICS

n the Lord's year 1859, Den høiere Landbrugsskole paa Aas Lestablished, after a strenuous, almost 100-year-long prelude in the spirit of the Age of Enlightenment. Before this, there was no education in the field of agriculture in Norway, other than the somewhat dubious teachings of the itinerant "potato priests". The farmers were busy being versatile to produce enough food for themselves and their families, and the aristocracy criticised this, calling it inefficient if you wanted to produce enough food for the rest of the population.

The farmer was seen as sluggish and incapable of acquiring theoretical knowledge. Many believed this stemmed from a lack of education, and that if nothing was started, they would "stiffen in prejudice". Multiple Norwegians had gone abroad and educated themselves in forestry, gardening science or veterinary science. They had their practices around the country, and the demand for their knowledge was high.

In the years before the independence from Denmark, increasingly strong forces wanted to establish a Norwegian scientific community. This was also a question of national honour, as our neighbouring countries already had well-established institutions of higher education. The establishment of Det Kongelige Selskab for Norges Vel in 1809 was a symbolic push that brought to life the engagement around establishing our own education, and in 1811, Norway's first university was established. But there were no classes about agriculture.

## Norwegian agriculture education on the flagstone of the loft

1814 passed, and Norway had to stand on its own two feet. The newly established Stortinget noted that "something had to be done" to get the agriculture education up and running, and adopted the proposal that this should be the responsibility of the state. Multiple plans for an academy of agriculture were proposed during the first half of the 19th century, but all of them had to be scrapped due to the Norwegian economy being in shambles after the independence from Denmark.

After some time, the state got their hands on Ås rectory as a potential spot for a new central school. Ås was viewed as suitable: the soil was good and varied, and many of the neighbouring properties were going up for foreclosure. The closeness to "Videnskabeligheden" at the University of Oslo was seen as a big advantage. A concrete plan for the establishing of the school in Ås was processed by Stortinget in 1851, but it was rejected. The majority wanted to prioritise general education, the people of the countryside could neither read, nor write.

But the need for more higher agricultural education kept increasing. The forests were about to be chopped down, "carved out" beyond repair, and multiple diseases were playing havoc with livestock all over the country. The matter was processed by Stortinget again in 1854, a lot better prepared this time. The counterarguments were weaker this time, and even the opposition agreed there was a strong need for education in the field of agriculture.

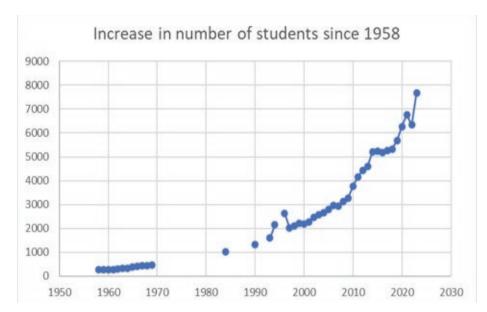
Even though the plans were somewhat stripped down in comparison to the first set of plans, and the majority at Stortinget demanded practice as a fundamental part of the education, the outcome was positive.

Illustration by Alessandra Uggerud

The work of establishing this institution was started. Expertise was brought from abroad and the neighbouring properties of Ås rectory were bought, this was the decision of the government as they gambled with the good will of Stortinget. Buildings were drawn and built "without luxury and ornamentation", in red bricks with foreign buildings as inspiration. In spite of the expense ending up being about twice the amount that Stortinget had granted (30 000 spesidaler), many thought the project had still received too little funding compared to the demand in society. But anyway after prolonged and strong pressure from a steadily increasing group of committed officials, 100 years after the first ideas were discussed, and 30 years after the first plans were presented for the authorities, Den høiere Landbrugsskole paa Aas was finally a reality.

## From høiere Landbrugsskole to a college of agriculture

It all started 1st of October 1859, when the first year of Ås-students started their schooling at the Agrarian Metropole. This bunch consisted of 32 male students who'd had to prove that they had "[...] worked in agriculture or completed a lower education of agriculture, turned 18 years of age, [were] of good morale and good health and were able to write the Norwegian language somewhat correctly [...]". We have to believe they fulfilled this, because only five



years after, Elevforeningen was established, the origin of Studentsamfunnet as we know it today.

The lectures were joint for all students, and they were very broad. They included agriculture in theory and practice, chemistry and physics, geology and biology, veterinary science and breeding of livestock, surveying and the construction of buildings, and also courses about the tools and machines used. But as time passed, society's development called for more specialised knowledge.

After a resolution from Stortinget in 1897 the school was made into a college with multiple study programs, and the Clock Building was built. The name was changed to Norges Landbruksshøgskole (NLH), a name it would carry for more than 100 years. With this, the school got its first five study programs, or 'afdelinger', as they were called back then. All the study programs lasted two years, where the first one was the same for all students, and in your second year, you specialised in Agriculture, Land Consolidation, Gardening, Dairy (today: Food Science) or Forestry. The five study programs remained the only ones at NLH until the 70s, and they are still sparkling on one arm each of the Pentagon Star of the candidate ring.

#### The youth of NLH

Right at the beginning, around the start of the 20th century, NLH accepted about 50 students a year. The students had to have graduated from a lower agricultural school, but they still had to certify "good moral condition" and "healthiness and no bodily conditions that would hinder participation in lessons". This paragraph, however, was removed in 1920 after a big change of rules where the studies were slightly changed and extended from two to three years for all five study programs.

At the start of the 60s, NLH had about 400 students. In this decade, NLH struggled with its popularity compared to other institutions of education, and the number of applicants decreased. Kjell Aksnes, one of the old hands of NLH, thinks this might be because the students had to finish two years of vocational school before they started studying in Ås. There was a lot of practice required and many thought the whole setup was way too tedious; it could take up to five years of preparation before you could apply. Because of this, the students in Ås were rather old.

#### A shooting star of Pentagon

NLH developed a lot as we moved closer to the new millennium. During the 60s, a new law was passed about NLH with a new set of rules. Now, you were admitted to the college through a one-year preparatory course at another institution of education. A new curriculum was made for the college: the studies now lasted four years, and new programs of study, like Land Planning, Nature Management and Aquaculture were started. Towards the end of the millennium, the number of students increased to more than 2000.

In the 90s, the interest in studies at NLH dropped yet again, and the number of applicants were almost halved from 1996 to 1998. This led to the establishment of new study programs focused on engineering

and new programs of study like Economy, Renewable Energy, Landscape Architecture and Applied Economics. In the wake of this, NLH changed its name to Universitetet for miljø- og biovitenskap (UMB) in 2005, and it was from this point on the number of students virtually exploded. Over the course of the last 20 years, the number of students in Ås has increased from ca. 3000 to around 7000. This growth is, among other things, because of the merging with The Norwegian School of Veterinary Science in 2014, when UMB became NMBU as we know it today, with its 101 programs of study.

#### Our little Ås

The little college in Ås was a bastion for agriculture for more than 100 years, but towards the end of the 20th century it was overwhelmed by 'the green wave' and shaped by the hasty progress of technology. Today, the five original study programs no longer run the show, and they seem more like tender echoes from their former pride of ruling. The show is now run by completely different studies, for example, the new online study program of Sustainable Economics and Management – the biggest study program at NMBU.

This development can certainly make us wonder how the history of NMBU will evolve. If this exponential increase continues at the same pace, there will be more than 20 000 students at NMBU in 2040, maybe half of them online? The journalist thinks, like everybody else who has tried predicting the increase of students in Tuntreet throughout the history (and they have been wrong), that this is completely unrealistic – little Ås will never be that big.



## **GROWING PAINS AT NMBU**

rom near and far, students, researchers, and families with young children flock to the small municipality of Ås. In the last decade, Ås has experienced a population growth of 20%. However, this raises the question: Is the growth sustainable, and are Ås and NMBU experiencing growing pains?





#### As and NMBU in Growth

It's not difficult to understand why both Ås and NMBU are growing at the speed they are. For many of us, it was precisely the proximity to both nature and the capital that led us to choose this university. Unlike the University of Oslo, you are not just a drop in a sea of students here, and you get to know both your fellow students and professors.

Over the past couple of years, NMBU has grown incredibly fast. In just four years, the student population has increased by 1,000 new students, going from 5,221 students in 2019 to a total of 6,345 this year. That's a growth of 21.5%. When growing so quickly, we might ask: Why? Is it because we have to, or is it because we are competing with our "big brothers," UiO and NTNU, to be the largest and the best? What is certain is that growth comes at a cost, and Ås is feeling the growing pains.

#### **Queues for Student Housing**

Students in Norway have struggled to find housing in recent years. Both student housing and the private rental market have been overcrowded. This year, there were a total of 14,700 students in line for housing, including 202 students in Ås. Those who did not secure student housing through SiÅs had to consider commuting, temporarily staying in SiÅs' basement dormitory, or even dropping out of their studies. This situation has created a lot of stress for students and underscores the need for better housing solutions for students in Norway.



Fortunately, SiÅs has concrete plans to ensure a 40% housing coverage (the percentage of NMBU students with SiÅs housing). In a previous interview about housing queues in Ås, SiÅs director Pål Magnus Løken stated that they are working on a zoning plan for new construction and total renovation of Pentagon, which together can provide 550 new apartment units. If building permits are granted, the new buildings could be ready by the spring of 2026.

#### How Will NMBU Develop?

When the student population increases, the campus must naturally evolve in line with the growth. Therefore, Tuntreet contacted Rector Siri Fjellheim to gain insight into how the university will develop in the future. In an email to Tuntreet, Fjellheim writes:

**TT:** How is the development of NMBU planned for the coming years?

Fjellheim: We have a campus plan that is on track concerning construction and maintenance. The renovation of Aud.Max. had to be postponed for a year, but it is now in the pipeline. It is the largest construction project currently, alongside the renovation of the Tower Building. We continuously work on more efficient operations through co-use and common solutions, as well as energy-reducing measures like Smart Campus. When it comes to the study portfolio, we always have to evaluate it, whether it meets the needs, whether it is marketed well, etc.



#### TUNTREET

**TT:** What consequences will the establishment of a hotel in the Tower Building have for the university?

**Fjellheim:** It is too early to say anything about that. First, a profitability analysis will be carried out to determine if it is realistic at all. A hotel in Ås is desirable and would also be useful for NMBU in connection with conferences, among other things. It's worth investigating the feasibility of the idea with the Tower Building.

## Families with Young Children vs. Housing Market

It's not only students who are settling in Ås, but also many families with young children. This is likely due to the proximity to nature, but perhaps most of all, the low housing prices. It is well-known that the housing market is tight in areas like Oslo, Bærum, and Asker, making it expensive to settle down. For many, it is more manageable to settle here.

According to Statistics Norway, the population growth in Ås is mainly due to migration. The number of residents in Ås is expected to grow by 3,000 by 2030 and by 6,000 by 2050. Those who move here are often young. One can imagine that it is due to the university and the lower housing prices.

With the expected growth rate in Ås, it is evident that many new homes need to be built. Ås municipality has determined that 5,410 new homes should be built by 2034. The growth areas are Ås center and Solberg. Unfortunately, the development is not without conflicts, and there have been several demonstrations against the construction in Vollskogen, west of Pentagon.

In the intersection of urban vibrancy and rural tranquility, Ås finds itself in an exciting growth process with NMBU as the heart of this small municipality. But behind the facade, challenges and questions await that we all must address. Is the growth sustainable, or is it a price we cannot afford to pay? Through housing queues and the struggle to settle here, it becomes clear that growth does not come without complications. In the time to come, Ås and NMBU must find the balance between development and preserving what makes this place unique.



## FOODSHARING ÅS



Åsmund Godal Tunheim Journalist



Ingunn Reimers Photographer



Eva Szemes Translator

ou, dear reader, are probably one of the almost 3000 members of the Facebook group FOODSHARING ÅS (NMBU). The group that makes Anders Gustavsen turn over in his virtual sleep. Not a member, you say? Allow us to convince you.

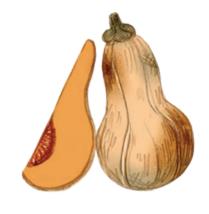
It's October, and the cold weather is like a bite to the tip of the nose. I stroll past the windows of the newly opened Innovation Centre in the town centre and come to a sudden halt. Through the glass façade, I see an abundant buffet on the table, piping hot and ready to eat. After a gentle knock, I was let in by a smiling face, and all of a sudden, I am in the middle of Foodsharing's weekly Friday lunch, where an arsenal of mouthwatering aromas is playing with my nostrils. More than 20 young people have been tempted to come here this Friday. Coordinator of Foodsharing, Milo Schulthes, welcome us with cheerful words, before the tasty dishes are presented by the

cooks. Today's menu consists of pumpkin soup, oven baked "strange pumpkins" and other vegetables, chiabatta sandwiches, grapes, crunchy croutons, risotto and a wide variety of salads, and dessert in the form of fruit salad and a big, moist cake.

"All this food was going to be thrown away, think about that!" photographer Ingunn exclaims. All the food has been heroically saved from the greedy jaws of food waste, either through agreements with shops, dumpster diving or from peoples' fridges. Best of all? It's free. The guests attack and conquer, helping themselves diligently. It turns out there are too few chairs and plates, so they have to supplement with more. Moments later, everyone is enjoying the food, and conversations are being held in both English and Norwegian.

#### A chat about food

I sit down with coordinator Milo and communications manager Nora Marczenko



to find out why this exists. "Foodsharing is much more than an organisation, it is a mindset," says Milo. She says that Foodsharing has existed in Ås for a long time, as an arena to save food that has been thrown away and share it with others. In 2019, they were linked to Spire, and with that, they were established more formally. As a more believable actor, they could enter into agreements with grocery stores about receiving their surplus food products that would otherwise be thrown out, and it became possible to apply for funding via Sparebankstiftelsen. The latter covers Milo's 20% position as a coordinator, as well as some of Foodsharing's projects.

The goal of Foodsharing is first and foremost to prevent food waste. Milo emphasises that it should be "more than picking up and giving out food and 'bye bye'". Even more than the practical aspect, the community is important. "This way, we can change our mindset, meet people and get perspectives





on all this food being thrown away, and lastly, experience that this is edible and tasty." Nora points out. This is not just "food saving" but "food sharing" as the name implies.

About the striking buffet being served today, the duo remarks: Surplus food from only one day and one shop in tiny, little Ås can really feed a lot of mouths. Milo reflects: "Thinking about the amount of food that is not saved, is sickening. If we can do this in little Ås, think about what we can do in Berlin or other big cities."

#### More than a free lunch?

What is Foodsharing up to, other than meeting at the Innovation Centre and eating lunch every Friday? Milo tells us that they pick up food from grocery stores, restaurants, cafes, bakeries, and vegetable producers multiple times a week. Other than that, Foodsharing is a big private network of people sharing food they cannot finish themselves. In May, they collaborated with SiÅs in building a drop-off shed at Eplehagen, with a fridge and freezer to help with keeping the food fresh. "When people move, they can put food in the shed. It's nice to have a place where we can share food that would otherwise be thrown away", says Nora. Additionally, they put some of the

food they save in "Fellesskapet", a fridge at Innbyggertorget in the town square. Anyone can pick up food here at any time, for free.

"Food is fun, everyone has to eat!" Nora exclaims and emphasises that the most important thing you can do to contribute is to take your share of the food that is saved and distributed. But there are some nuances: "A lot of people want to eat and pick up food in the shed for free. But often, Milo and I are the ones who bring the food, prepare it and serve it here at the Friday lunch. If we disappear..." Milo and Nora hope more people want to get involved in more than just eating, for example by helping with picking up food.

#### A creative community with room for improvement

At the other tables, the conversations are mainly in English. In Foodsharing, there is a predominance of international people, and Milo says it's difficult to build a permanent network. On the other hand, she points out the positives: the exchange students come here, participate, go home and maybe they build new networks there.

According to Milo, Foodsharing is a highly creative environment with a constant flow

of input, plans and ideas - "and then you just do it." Among other things, they visit companies and restaurants that work on limiting food waste and go to different events and festivals, all to build a network when it comes to food. On the question of improvement, they say they want to build a bigger, permanent social network in Foodsharing. They want to split it into different responsibilities, so that people can contribute with the things that suit them. In addition to that, they want to collaborate more with SiÅs, by receiving more surplus food from the canteens.

#### One man's trash, another man's treasure

"The concept of trash is strange," says Milo. "What's on this table was in the rubbish bins today. Now, it's here as nice, tasty food." They do some dumpster diving as well, because even the shops they collaborate with do not give them everything they toss out. Milo explains: "We're producing way too much, and the consumers have too high standards when it comes to the appearance of the food." "The consumers don't want a pumpkin with a small spot", Nora says. She also points out the problem of multipacks: "You only have time to eat one bell pepper, and then the other one spoils, and you have to throw it away. We live in a world of consumerism."

When Nora says the food system in Norway is "all at sea", the journalist has to let out a loud, frustrated sigh. Nora nods, and says: "It's nice to eat together, but you get frustrated by this, too. That's why we put so much effort into this."

#### The ideal society?

"In an ideal society Foodsharing does not exist, because there is no food waste," says Milo. She wants to make people familiar with alternatives, show them that you can eat food with imperfections, and that it can be just as tasty. "In the past, people knew how food was produced. We need to take that back," she says. The attitude adjustment necessary is a huge piece of work, so they need a lot of people.

On the question of how we should tackle food waste, they answer that Foodsharing can be a solution. Meeting each other and speaking about where the food comes from and understanding that food can be delicious even though it looks a bit strange, is an important part of the solution. Consumers have to be less picky, and we have to establish a system based on local, seasonal ingredients, so that food also lasts longer.

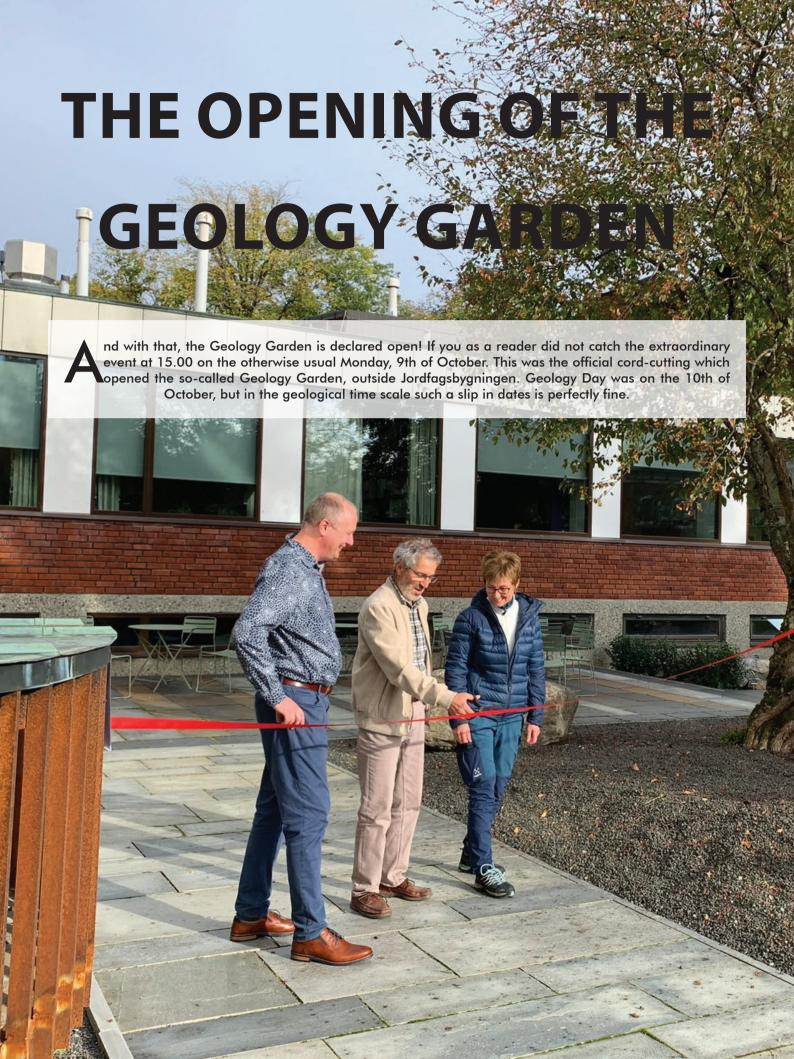
When talking about such topics, you easily get the feeling that nothing helps. But Foodsharing is actually doing something about it. "Even though this is demotivating, it's a highlight to come here every Friday to eat and share food," Nora says.

Tuntreet is cheering for Foodsharing, who works every day to fix a huge problem. Remember, you could always join the team, and get a lot of scrumptious, free food at the same time. It's almost too good to be

#### Take-away messages:

- Go to the Innovation Center and get served free food every Friday 15-17 o'clock
- Watch the video "Foodsharing Ås" on YouTube
- Join the Facebook group. Maybe you will be member number 3000?





#### The story

If we consider geology exhibits on campus under the historical lens, this is only the last of three. We even had a separate geology room in the Clock Building once upon a time, where exhibitions of minerals and rocks were available for everyone to look at through glass cases. The first exhibition on campus is said to have been created at the beginning of the 20th century. The park is said to have stood on the east side of the Clock Building and was set up by Bjørlykke. This was later replaced in the 1970s, located in the same area. The exhibition was organized by the well-known Norwegian geologist, Steinar Skjeseth, and suffered a rather strange fate where it was replaced by the tap changer we still have there today. Stones from this exhibition have nevertheless been taken care of and are on display in the new Geology Garden.

#### The solid exhibition

This has been a project that came into view more practically from 2018. But let's take a step back to admire the time travel the park has been through, given the age of the park's centrepiece - the rocks. The oldest of the representatives is well over 1800 million years old (we're talking Precambrian age, for those particularly interested). One can say that this has been a protracted and dynamic affair, with help from both plate tectonics and glacial activity.

Ane Mathilde Runge Christensen Journalist

Many of the stones in the exhibition are shifting blocks, transported by the glacier, all the way from the bedrock in Jotunheimen to the area around Ås, 11,500 years ago. Thus, the project has also saved some funds for transport for moving tons of stone - a form of sustainable transport in line with NMBU's fronted green profile. Together with stone from blast sites, this exhibition takes us on a chronological journey. Right from the bedrock from prehistoric times (1800 million years) to Cambrosilurian rocks where you can see fossils, to the Permian period in the Oslo field (260 million years). The walk begins at the side entrance at Jordfagsbygningen, and with the help of signs, it gives a good insight into geological changes over time on an overall global level, but still with the focus on Norway's geological history. The crowning achievement is the unofficial pink Norwegian national mineral Thulitt, which was given as a gift from the Geological Survey of Norway in Trondheim. The communication and compilation of the geological information in the park is largely under the direction of the geologist and associate professor Michael Heim.

#### How did the garden come about?

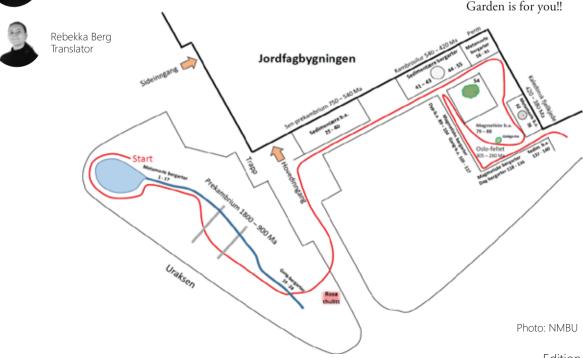
This project has not only aimed to create a geological park - hence the name Geological Garden - emphasis has also been placed on good interdisciplinary collaboration between the faculties and various subject areas. LANDSAM and the Institute of Landscape Architecture, together with MINA and the park department at

NMBU, have prepared a park for the curious and those who want to experience a breath of fresh air through a zen garden on campus. The garden has functioned as a classroom from the start, first for Landscape Architecture students, and will continue to function as a classroom for stone-crazy students for a long time to come.

#### The geology garden is more than just

For those interested in plants, the plants in the park are also chronologically placed in connection with the dating of the stones. The most striking of these is the temple tree (Ginkgo biloba), which is a descendant of the temple trees that survived the atomic bomb in Hiroshima. Despite the fact that you are in a park with large time perspectives, the temple tree is a reflection of the here and now. Among other things, it can open for reflection on how, over a short period of time, we have managed to make major interventions, including geological ones. The seed of the temple tree is a symbol of peace, something the world will always need a reminder of. We are constantly experiencing that conflicts arise and form a large part of the media image in our everyday life.

This is precisely why parks such as the Geology Garden are needed. It promotes knowledge and an outdoor space for calmness, in an otherwise hectic everyday life with lots of information on all sides. If you want to go on a geological journey through time, at your leisure, the Geology Garden is for you!!





## Sports journalism from Storebrand

Photographer



Eva Weston Szemes

the sausage skin. I pulled the sausage skin over my fingers, turning them into sausage The puppetry that followed was filled with

intrigues and many unexpected twists of genre. The actors drew on their self-irony, which may have led to a few too many inappropriate jokes. It was particularly funny when the sausage index finger went on stage and pretended to have a gigantic penis that was bigger than himself, of course with the help of the sausage middle

The audience laughed, cried and got to know themselves a little better. The quality of entertainment was only rivalled by the one presented on the Blæst'n revue a few days earlier.

My personal favourite was when a brave sausage pinkie was so carried away by excitement during the performance of a song that he stage-dived and was caught by a crow that flew all the way to a nest at the top of a birch tree. I never saw the brave sausage pinkie again. I wonder what really happened to him. Not many people had talent like this little fellow. I think he could have become a big sausage pinkie one day, like Henriette Sennepsrup and Martin Beyer-Polsen.

The show was a total success, and with standing ovations from the other crows on the roof, there was no doubt that this performance would be celebrated with a real sausage party.

During the second half, there were actual players on Storebrand. They ran around the field with limited enthusiasm and didn't seem too interested in the ball they had brought with them. I, on the other hand, could go home that evening happy and with a lot of new friends.









## **A REQUIEM** FOR PENTAGON

Pentagon 1 is due to be torn down, if not in 2025 then not long after that. To many, this might look like a mercy kill, a necessity to feed an ever-growing university. But to many people, this place is packed with as many memories as there are silverfish. Built in the 70s, the three buildings; Arken, Børsen and Casino are legends in the history of the College of Agriculture.

One can only wonder about all the different techniques of ploughing (literally and figuratively) that have been taught in these tight spaces and all the friends won on the claustrophobic balcony. Maybe the thought that it's a bit sad that this will all fall to dust doesn't stay in peoples' minds because nobody lives here for that long.

When newer, better alternatives popped up, people lived here for increasingly shorter periods and now, we live in an Ås-bubble where many never get to feel the brutal anxiety of taking a shower in a Pentagon gas chamber. Alas, international students, henkatter (they-cats) and me are probably the only ones who have lived here long enough to really call this a home. As a person who has had the honour of living here for three years now, it is a constant march of new people in and new people out, some for a semester and some for a year. The rooms and the

windows are big, and that's about all the positive sides. No dishwasher, only one small restroom and a general feeling of a secondary school's gymnasium are some of the less positive sides.

Nevertheless, it's a place where a lot of people have taken their first steps into independence, away from parents and the life they once lived.

I sincerely hope I am not the only one who will get a strange feeling when I visit NMBU ten years from now, with brand new blocks of flats where Pentagon 1 once stood. I wonder how much time will pass before the students no longer know what was here before, how long it will take before everyone is used to the luxury of Palisaden and the brutality of the past will be a lesson they will never learn. Time passes whether we like it or not, but we owe the past some reminiscence and consideration before it is thrown out. Be a friend, feel the rough shapes of Pentagon 1 and remember the good times you had there before it is too late.

Submitted by Henrik Høegh



Viktor Talgø Syvertsen Eva Weston Szemes Translator







#### A revue manager who is revue managing

Aurora applied to be the Revue Manager for UKA i Ås 2024 in March this year. She got the job, and has spent seven (almost eight) months running back and forth to organize and create the best possible anniversary revue. She tells us about a somewhat overwhelming period with "a lot of arms and legs" and that we meet her in a rather intensive period. There is a lot to plan, many to hire, and a lot to organize and remember. At the moment, Aurora's life and calendar are filled to the brim with revues, revues and revues. But according to her, she wouldn't change a thing. She says that the UKE book is ready on her bedside table and she can geek through it to be inspired by old revues. Flipping through pages and pages of revue history and student involvement has really made Aurora realize how extensive the role of revue manager is, and that she is constantly in awe of the trust she has been given.

#### Imposter syndrome

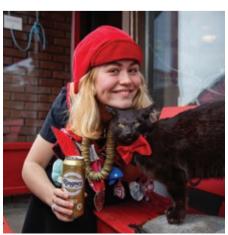
Aurora talks about "the imposter syndrome", the feeling of not being qualified for a job or task you have been given. Being the boss of a 100-year-old revue tradition is something she is in awe of. And to be honest, you wouldn't trust a manager who didn't understand the seriousness of the role or who didn't feel the emotions she is experiencing. Aurora says that she often thinks that she has no idea what she's doing and that as an individual she's not qualified to be where she is. In addition to having a great desire that the anniversary revue will and "must" be good, there are many shoals in the sea that threaten to sink SS Revue manager Aurora. It must be said that commitment and passion for revue is difficult to fake, and that it takes a highly experienced imposter to fool the entire student body at Ås. Aurora may feel like an "imposter", but we see right through it. She's actually a revue nerd who has the experience, knowledge and passion to be a good revue manager: It just takes a little time to warm up.

#### **The Butterfly Effect**

Aurora wasn't actually going to study at Ås. The plan was first to be an au pair in Paris and then study political science in some city. But the pandemic came, and she realized that it might be a good idea to apply for something, as the au pair job would probably not be possible. She therefore logged on to "samordna opptak" and there appeared the Renewable Energy bachelor's degree, and without reading up on the program, she ranked it first. The application for higher education was accepted, and three years at rural Ås was suddenly next. Aurora says that she had no expectations of Ås or life as a student here; on the contrary, she was skeptical about the whole thing. She just wanted to finish her degree and move on. Fortunately for Aurora, a small engaging classroom environment was about to be the springboard to four years full of new friendships and involvement in associations, Samfunnet and UKA.

Aurora has been dancing since she was young. And so it was very natural for her to apply to the dance community when the whole As thing started to take shape in her first year at the Agrarian Metropole. Of the dance opportunities at Ås, it was actually UKErevyen that seemed the most fun. "Why not?" she thought and applied. This was Aurora's first flirtation with student revue. She reveals, somewhat shamefully, that she first thought theatre was weird and that those who did theatre and revue were at least as weird as the art form itself. "I thought theatre games were mega-cringe" she laughs, and realizes that she is now the one who forces theatre games on others and





pushes the boundaries of the revue gang. "I had never done theatre before [coming to Ås]," Aurora admits. But in the course of wandering across cornfields and dance shows on the Aud.Max. stage with the UKE dancers, she was bitten by the revue bug. Today, her theatre experience is completely different. "I'm revue first, then a student," Aurora smiles. We ask her where "Aurora" lies in the identity chain. The distinction between "just Aurora" and "revue Aurora" has become less and less defined over the past two years, and has instead become a soup of the same thing. Aurora = revue. The idea of joining UKErevyen 2022 as a dancer would later turn out to lead to a little-toomuch involvement in both the Hunkatt association revue and the managerial position she holds today.

"So Aurora has only been involved with revue?" you might conclude. Well, revue has been a big part of her student life at Ås. But Aurora has also been involved in both clerical positions in the bar during UKA 2020, been a marketing assistant for NU, been part of the Committee for Climate Accounting at Samfunnet (because she thought it would motivate her to do better in one of her subjects; it didn't) and proofreader for Tuntreet. And we can't forget Foreningen Hunkatten, the association Aurora has been heavily involved in since her admission in the fall of 2021.

#### Kitty cat, Hunkatt and geriatric cat

You can't avoid talking about association life when you fall into conversation with Aurora. We're sitting in the living room in the "Hunkattloftet" with the Hunkatten Association's own banner standing magnificently in the corner. Aurora explains that it was the lack of a classroom environment at university that originally prompted her to join an association. As a kitty cat in Foreningen Hunkatten (a kitty cat is a new recruit/aspirant in the association), you are pushed out of your comfort zone to explore your limits. Foreningen Hunkatten has also been an incredibly important "primus motor" for many of the friendships she has developed over the years. In brief: The Hunkatten association left deep paw prints on Aurora.

Aurora says that she has gone from being very shy to being incredibly outgoing and comfortable speaking out loud in front of others. We're a little surprised by this;

#### TWO BEERS

it doesn't sound like the woman we're having a chat with today. Aurora says that the personal growth she has experienced during her time at Ås is largely thanks to Hunkattene and the cultivation of strong personalities that comes from being part of such an association.

We feel that Aurora stands out a little extra from other Hunnkatts. It's probably the little extra knowledge she has about the association's history that shines through in the interview. She tells us that she moved into Hunkattloftet with the other, slightly older Hunnkatts when she was still a little kitten. "Living in the 'loft' brings you closer to the history of the association in a completely different way. Living with several of the older Hunnkatts in the association who had a lot of knowledge about the old traditions in the associations has meant that she has learned many strange things and a lot of association history. Now that she is in her third year in the association, she says that "it's important for me to be able to pass on that knowledge to the new members [in the association]". Even though she's getting older (in cat years), she still has a bit of momentum. Combining association work in Hunkattene with other major positions is somewhat tricky, but according to Aurora, it has gone "surprisingly well". Aurora says that she (perhaps) won't be the most "prominent" member of the association in the future, but being a geriatric cat mom isn't bad either.

#### Revue is a saving grace

Aurora is not alone in being a creative soul here at Ås, something she was a little surprised about since there are virtually no creative degrees at NMBU. Perhaps that's why revue is so strong here at Ås, that there is a need that arises when you constantly study to find the correct answer to underline. In a revue, it's more about intuition, spontaneity and creativity. Aurora admits that she often struggles to find time for a lunch break between all the appointments and meetings that fill her Google Calendar. Despite the amount of work, the mountain of meetings, the constant recruitment process and stress, Aurora points out that she would like to work in a creative field after her master's degree. Revue has changed Aurora, and it has become a part of her life that cannot be removed. Revue is a creative process, and after getting to know Aurora a little better, we can see that Aurora's life has also been a bit of a creative process; maybe that's why they are made for each other.







## **GREETINGS**



Dear Aurora "hot for realzz" Helland

"Who is Aurora?" you ask? A bubbly and fun lady from top to bottom. Nice, approachable, and inclusive. Our dancing fly, raving queen and crazy Østfolding.

Thank you for giving us the opportunity to get to know you, through parties and other fun, countless rehearsals, hour readthroughs and mental breakdowns at 00:30 in Aud.Max.

There is no doubt that you're a real revue soul – your enthusiasm shines through both when you're on stage in wig and costume, and when you talk about everything that has to do with revue. It was not a surprise when we learned that you just had to join the whole circus again. We are looking forward to seeing you in the smashing show you and the gang are setting up in 2024!

We love you <3

Hugs and kisses form the UKErevue ensemble 2022

Dear Aurora,

When a random gang of 8 people is to be placed together and meet every Monday for two years, you really want them all to get along. We think it's going great so far. From those who knew you, to those who got to know you, it is a pleasure to sit on the Board of UKA with you! You are honest, compassionate and have bones (and a ring) in the nose (Note: Norwegian saying about being tough). You have zero problem voicing your opinion and asking critical questions, and we appreciate it.

You're not just a pleasure to be around, but also a fantastic revue manager! You are creative and open, but with a steady critical

Still, the most important thing about being a revue boss is that one likes revue. You live and breathe revue, and your enthusiasm is contagious. The anniversary revue is in good hands with you behind the wheel.

We are looking forward to a year and a half more with Mondays and fun with you! Rai

Sincerely, the Board of UKA.





Cheers dear 302!

With a heart as open as the door to room 302 you are very easy to fall in love with. At Olturens Høiborg there's talking all night, and you always have a fanciful story to tell. That the living room is too lovely is a luxury problem we can easily live with. When you start up a song, whether it be on the balcony or in the Bodega, it's always with a beautiful voice and great passion. To say you have a busy schedule would be an understatement, and you come home and leave again in under 19,60 seconds if it's needed. Still, you always have time to show compassion to everyone around you and can still spend hours listening to other people's problems. We are extremely grateful that you have stuck around and are living in Qlturens Høiborg for the third year in a row, so that we have gotten the chance to live at Loftet with you and all the wonderful experiences and joys it brings.

Cheers to that living with you at Qlturens Høiborg is a fast-paced fairy tale!

Qlturell Greetings 301, 303, 304, 305 and 306 /Birte, Ingeborg, Marthe, Ingeborg and Ingeborg.

## Two babs with

Henrik Bakken Journalist



Ingunn Reimers Photographer



Rebekka Berg Translator



abylon, the famous city-state in the ancient Middle East that was located in what is now known as Iraq. Known for, among other things, the myth of the Tower of Babel and the Hanging Gardens of Babylon: one of the seven wonders of the world. For the pilgrims up here north of the Middle East, Babylon has completely different connotations, namely Babylon Pizza.

Tuntreet is welcomed by Jonni Yosef Yokhanna, the boss himself, in Babylon Pizza's premises in the center of Ås. In the same premises where they started on 15 April 2009. Almost 15 years have passed and many have fought their way through exam periods with the help of this place. Multiple cohorts of students have developed a relationship with Babylon through pizza and kebabs at the restaurant's location in the heart of Ås.

Jonni looks back on the years as both tough and good. It seems as if they have had enough activity throughout - he thinks it was as if they opened yesterday. He describes the time as a success and comes across as a focused man who knows both his products and his customers well - the interview is constantly interrupted by people popping in for a short chat or people passing by who wave and say hello.

Jonni says that there are many students who have been "more than customers". Over the years, he has had several student customers whom he is still in contact with through Facebook today. He is proud when he sees that some of the people he once served food to as students are today engineers and managers of large projects. He appreciates the students, not only do they create activity in the restaurant, but the students also create a lot of life. This is also reflected

in the turnover during the summer holidays when almost all the students are at home on holiday. However, the effect is the opposite when student associations have events and they receive large orders.

Jonni points to the large roll of kebab meat hanging on a skewer on the kebab grill, they build the rolls themselves. He says that a roll weighs between 70 and 80 kilos and that on a busy day they can sell a whole roll. On a daily basis, Fridays and Sundays compete to be the most hectic day of the week, Jonni describes Friday as a "vorspiel" for many, and then comes Sunday and then they come back for "nach".

At Babylon, they are constantly concerned with development and renewal, they have, among other things, expanded to both Vestby and Drøbak, and last year they carried out a proper refurbishment of the restaurant. During the pandemic, they felt

compelled to start rolling out, and unlike many others in the service industry, they broke their record. In addition, they are constantly developing and changing the menu. Compared to 2009, it is completely different, he says, only a couple of individual items have remained since the start.

For Jonni, one thing is certain: "Had it not been for the students, this would have been a dead city". The spear on the kebab grill, now spinning in its fourteenth year, continues to spin into the future. The exam season is approaching and for many there is an exponential growth in the desire for a simple dinner, a desire that often increases in line with the exam nerves.

Tuntreet thanks hosts for their time, and concludes that if Babylon's hanging gardens were one of the seven wonders of the world, you must at least be able to call Babylon Pizza one of the seven wonders of Ås.







## PSHOOT HIM (, DO) NOT (,) WAIT TIL I ARRIVE -

## Hunting and fishing with PB



Marie Tjelta Journalist



Ben Børilden Photographer



lda Haraldstad Translator

etween Samfunnet and Eika, where the water lilies and fall leaves cast their golden shimmer on the pond surface, you'll find Skogsdammen – an area that has recently fallen into the hands of the X-Clusive Stiftelsen PB. But what does this mean for the students in Ås, and what kind of future awaits Skogsdammen?

We had a sit down with PB's Ærwerdige Formand, Casseur, and Cruise Admiral in the exclusive PB. The history of hunting and fishing in the association go far back, all the way to the time of discussion between the Hankatts and PB on who owned Andedammen. Treaty negotiations on the 8th of September 1994 ended in a deal: the Hankatts should own the ponds island, while PB should have the hunting and fishing rights of the surrounding water. Ever since then, hunting and fishing have been a large part of PB's culture.

They are now in the process of expanding their territory to Skogsdammen. Skogsdammen has a rich fauna and a history that goes back to the start of the Norwegian aquaculture industry. "We only want to take care of Norwegian fish farming history" the Cruise Admiral says with a glint in the eye. And, of course, they also see a potential economic angle. PB is always looking for new income opportunities and have invested in a series of different stocks.

Now they're looking to explore the farmed salmon export market. They proudly show a picture of an enormous pike they recently caught in Skogsdammen. "There was a point in evolution where the salmon decided to become pike", the Cruise Admiral adds. And when it comes to hunting, there is a rich fauna in the area around the pond.

"The animal community is rich, including shrews and a mish-mash of small rodents, but there is also deer here, every now and then" the Ærwerdige Formand explains. The Cruise Admiral adds that they want to keep the so called "Bickja I Backen" away from Skogsdammen and that there is, therefore, an open hunting permit on it.

So, Skogsdammen has a rich nature, but what is PB's plan for the area? "We have big plans on selling fishing permits for the pond" the Ærwerdige Formand explains, "We'll take spirits and tobacco as payment". To get your hands on the exclusive fishing permit you can contact Formanden in person or via homing pigeon.



When it comes to the management of the pond, they are planning to establish a special committee that will oversee the management process. "Casseuren has a lot of experience with forest management, so we're planning to include forest management in the management of the pond" they explain. They also point out that the management of Andedammen, with a rich and diverse nature, show their care. "One can say it is a unique ecosystem" Casseuren says smiling. At the same time, they are extremely against the development around Skogsdammen. "Now that Campus East is in developing, we are doing everything we can to stop politicians and the school from building things like a sauna by Skogsdammen" says Ærwerdige Formand. It would be a catastrophe for PB's management and the animals if sweaty students sat in a steaming sauna out on Skogsdammen. "We are working closely with the municipality on how Skogsdammen is to be managed in the best way possible and be kept the way it is today".

So, there you have it, PB's ambitious plans for Skogsdammen. If you want to experience this unique area and partake in their management, all you need to do is contact Ærwerdige Formand - and make sure you have spirits and tobacco ready for payment. With PB behind the wheel, Skogsdammen is on its way to becoming an even more exciting and unique place for the students in Ås.





## Autumn in space

The wind gently strokes its crystal-clear hand over the hilltop spruce trees and allows itself to be guided

But my hair hangs flat

Frost paints the narrow forest path in a golden palette

But my skin is as pale as chalk

The rain drums rhythmically against the windows as if they were stretched with goat skin, and gathers as if they were mirrors over bottomless depths

But my eyes remain dry

When the whole world is offered to me Where then am I?

- Anders M.R.

## For Karoline

Karoline, when she looks at you How can anyone look at you like her? Her gaze pierces through your exterior I've never been seen As by her undressing eyes Our atoms can never meet I want to hold you closer.

You are the batter, I am the waffle iron Your radiance is like the first light after the storm In the opera - our seats are forever stuck together I long for you, Karoline But you, like the sun on a dark November day, Have sunk behind the horizon.

- Jon F.K.



#### Lurer du på hva en rådgiver egentlig jobber med?

Har du vurdert en karriere innen rådgivning? Rådgiverne, en minidokumentarserie om livet i Norconsult, er tilbake denne høsten.

Sesong 3 vil fortsette å bygge på suksessen fra de tidligere sesongene ved å vise hvordan Norconsults engasjerte medarbeidere jobber i spennende prosjekter.

I denne sesongen vil du møte rådgiverne Ingvild, Mariann, Linnea, Nicholas og Håkon som jobber med en utvidelse og oppgradering av Alvim renseanlegg i Sarpsborg kommune. Dette blir et renseanlegg for fremtiden. Følg med!

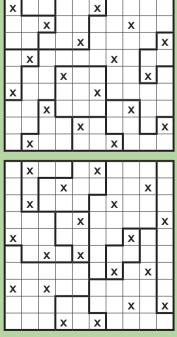


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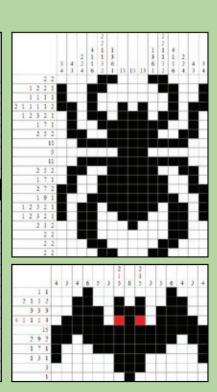
Every day we improve everyday life

#### **GAME PAGE SOLUTIONS TT08**

Crossword: "Start planning your costume"









# ODELSKATALOG

Time is now, the registration for odelskatalogen is open!

# BLARST

Blæst'n Blows, but Definitely Doesn't Suck!

he universe, an infinity of stars and planets. No one knows how vast or how old it is. Earth, a planet in space where life has existed for over three billion years. But despite this, the universe hasn't managed to create a brass band that doesn't occasionally wake me up in the middle of the night. With this in mind, I entered the Åsblest'n revue.

Regarding the preparations for the revue, Head of the Revue, Wilhelm Anthun, commented, "Like Rome, the Blæst'n Revue isn't built in a day, or a night. The lead-up to the revue has been overwhelming. Right now, it could be any day. I don't know what day it is. Day in and day out, it's all about the revue. You wake up early in the morning, head to Samfunnet, work on props and the daily schedule. The Blæsters come flooding in through the doors; we rehearse sketches, day ends, sleep, repeat." It was clear that a significant effort had been put in beforehand to prepare for this revue.

Festsalen was packed, and since it was Festsalen, there was a risk of missing parts of the revue. As the reviewer, I was strategically placed among Senile-Blæst'n, so I

could experience the excellent 'S' up close. The backdrop of the revue was that Hans Harald, the beloved panda mascot of Åsblæst'n, has gone missing! He has been kidnapped. Delegates from Blæst'n then embark on a Brothers Dahl adventure to get him back for the promotional video before the sketch extravaganza kicked off like a naked lumberjack in the Amazon.

Dear reader, do you know what that means? It's one of those red threads, and it's followed at least partially. It's unbelievable; I didn't know it was possible. Hans Harald's disappearance must have really brought Blæst'n together as a unified group. Hans Harald's disappearance is addressed in multiple sketches during the revue, both in musical and non-musical skits.

They had many sketches, both short and long. In general, they were good. My personal favorite was the one about the NMBU leadership, where our new rector uses all possible buzzwords for sustainability with certain sexual undertones. I truly felt like I was in a meeting with the NMBU leadership, even though it's not necessarily Siri Fjellheim who throws



out the superlatives in reality.

Another standout sketch was about SiÅs conducting a course on "samleie" (intercourse) where the concept of "samleie" was completely misunderstood. "Samleie", of course, means to rent together, as everyone in the audience naturally thought throughout the sketch. There was also a classic Blæst (car) race with self-produced sound effects.

I heard from the senile in advance that the best form of pathy is apathy. To follow this philosophy, I can say that the revue wasn't perfect. Not all sketches hit the mark, and some had themes that were a bit overused. This may be a result of Blæst'n trying to appeal to a broad audience, but breadth is dangerous. I also think they could have played more on the Brothers Dahl theme. It fades away a bit throughout the revue and isn't really picked up again towards the end.

The musical aspect was very up and down. It's clear that Åsblæst'n is a band. The musical performance was among the best you can find in a revue. There were good transitions and music between the sketches, which prevented any room for boredom, as is the case in many other revues. However,

some of the singing performances were like listening to a sour trombone with a blood alcohol level of 0.87. You see the humor in it, but it stings in the ears. Nevertheless, there were standout musical numbers like 'The G-Word' and a song about retired politicians. The latter seemed to be a favorite of the audience. These were well-written, entertaining, simply fantastic!

The final act was Hans Harald's return. He had been neglected by the young Blæsters but chose to come back anyway. This was a fitting conclusion to an incredible event. Whether it was the strategic placement of the reviewer, the attempted bribery, or my inner joy for bad puns, I don't know. But in general (there are far too few cheers) the revue is one of the best I've seen. Perhaps the best I have seen this calendar year, and I would even claim that it is on par with a couple of UKErevues.

Not bad for a revue put together by a brass band in just a couple of weeks alongside their studies. To conclude, only one thing remains. It was a great revue! Maybe the greatest revue I have ever seen! More! More! More!



Martin Hansebråten Journalist



# **ÅS FYLLHARMONI**

# The musical experience of the century.

TKA will be having a jubilee next autumn, where 100 years of parties, baluba, charity and student life at Ås will be celebrated. Of course, this cannot go unnoticed, and it is important that the bass drum, the timpani, and everything else that can be turned on and make powerful music is played. That is why musical souls with big dreams have come together and founded Ås Fyllharmoni, whose primary purpose is to show off the gigantic event that is UKA i Ås 2024.

Ås has a very rich musical history and much of it is linked to UKA and the UKE-revues. We have our own national anthem that was created during the first

UKA, "Jeg og'n Thorvald og Johannes", which must also be celebrated next autumn. This is only the tip of the iceberg when it comes to musical culture and the student population here at Ås. Student songs, drinking songs and other mood makers have been steady companions for us students, who have always had many good reasons to escape to a world of song and music that can dull the sometimes glaring and

We believe that the escape from reality and the joy of music are essential parts of the student experience. It binds together generations of students in a completely unique way, which has gone through both boom and bust over the years. The song in the Bodega keeps us going in everyday life.

It colours the otherwise monotonous and grey study experience and gives you the feeling of being part of a tradition-rich and meaningful microcommunity.

The singing and music which in everyday life are relegated to choir rooms and bodegas must be allowed to fill the whole of society. If the music is allowed to shine this month, we can open the doors for many new students to become part of this spectacular togetherness. It is important to able to showcase the traditional songs and the joy of music during UKA's 100th anniversary.

In 2024, we will blow the dust off the Stentor, put the notes in the right place, tap into the spirit of volunteerism and raise the student songs that are so close to us to new heights never reached before.

We toast! kka Berg

- The initiators of Ås Fyllharmoni

spille



heavy student life.

HAR DU LYST TIL Å BLI SKIKKELIG GOD PÅ INDESIGN, OG SITTE MED EN STERK PROTEFØLJE?

SØK LAYOUT KS I

# 6un6Rée6



### KONTORFLØYA

Heyheyhey! The UKE organization is working continuously, and it is currently 121 days until the first day of miniUKA! Auditions for actors are well underway and we're really looking forward to having a complete ensemble in a little while. Recruitment period three has just finished and the organization is growing with every day that passes. If you were too late for the deadline this time, it won't be long until you get another chance. As the Leader of Samfunnet i Ås writes so nicely, the writers of this have also realized it's time to prepare for exams and would recommend everyone else to also do it. We're looking forward to the GA and are very excited to see who the newly elected are!

The Business Committee has arranged «Women in leadership – dare to think big». It was an entertaining and inspiring panel discussion with former NMBU-students Christine Spiten, Tiril Bratt and rector Siri Fjellheim. Now, we're looking forward to the stress management course on Monday 13th of November 17:00, where you can learn to calm your exam nerves. We're also extremely excited to get to know our new board member!

At the time of writing this, the first snow has fallen, and the writer has finally realized that preparing for the coming exams is a good idea. Since the last time, we've completed two theme weeks, Mental Health Week and Pink Week, with focus on mental health and breast cancer. Remember to take care of each other, talk to your friends who maybe have become a bit reserved, and have a chat with your classmate who is sitting by themselves. It demands so little from you but could be everything to them! It is also only one (!!!) week left until the GA, and the whole Board of Samfunnet are thrilled to see the newly elected are! We're excited for the pea soup <3

Ingelog Tuffer **Ingeborg Tuften** 

Head of UKA i Ås 2024

Birte Wa Liset

Birte Liset

Leader of the Business Committee at NMBU

Maja Raz Karterud Maja Raz Karterud Leder of Samfunnet i Ås



### STUDENT-THINGS

Halloween is over and winter is slowly creeping up on us. The exam period, which was just a speck on the horizon a little while ago, has suddenly become a towering giant that looms over you. The fact that the study halls are slowly becoming crammed with students who do a last minute cram is a sure sign that it is time to think about buying Christmas presents and train tickets back home to where you come from.

Another sure sign that the year is going towards an end, is the student election. This autumn we will elect male student representatives to the Faculty and University Board. When the election period starts it is important that you pull out your mobile phone and vote for your favorite candidate, to show the university management that the students care about how the university is run. It is easier doing a good job when you are being backed by a lot of students who voted.

The election period starts with a bang on 15th of November, with faculty meetings. We need many good people who want to be the Student Democracy's representatives in all kinds of councils and committees at the faculties. The Research Committee, the Appointment Committee and the Program Committee at your faculty need to hear the student voice when they make decisions. Maybe that voice is coming from you?

Perhaps you would like to have a go as a student council leader or deputy leader, and take on a little extra responsibility for ensuring that democracy stays strong at your faculty? If you have desire and initiative, nothing can stop you.

Do you want to help create the best Buddy Week ever? Run as Buddy Leader at your faculty's General Assembly! Maybe you even want to try your hand at being the Buddy General? Send an email to leder.au@nmbu.no and express your interest. The Buddy Week is nothing without students who have a desire and a will to create a good experience for everyone who participates.

If you don't want to run for election, join in and support everyone who spends their precious time to create a better NMBU. Remember to vote!

Happy election!

AU by Wilhelm Olav Anthun, Martine Bingen, Camilla Noel Moreno

## PRIESTLY THOUGHTS

I love the theater! There's something about entering a theater, sitting down in a deep velvet seat, and then disappearing into a completely different world for a while. A little breather from everything else.

One of the plays I've seen, and which made a big impression on me, is Les Miserables. The story is set in and around Paris in the early 1800s, and we follow the released convict, Jean Valjean, as he tries to rebuild his life and do what's right in a series of challenging situations.

One of the scenes I like the most is when Jean Valjean, in the beginning of the play, is on his way through France after his release and ends up at a monastery. He is desperate to find a way out of his predicament, and at night, he steals from the bishop himself. He is captured by two soldiers who have been following him and taken back to the bishop to confess his sins before returning to the penitentiary. But the bishop does not condemn him; on the contrary, he looks at the soldiers and says, "I gave him all this – and now he shall have the golden candlesticks too!"

In that moment, Jean Valjean's life changes forever. He, who had nothing when he was released, suddenly has the means to start a new life. But more importantly than that, someone believed in him. The bishop was willing to lie to give him a second chance.

I believe we all can use second chances from time to time. It doesn't take much for our lives to take unexpected turns. And suddenly, it can be difficult to find our way back. It's wonderful to meet someone who doesn't judge us but has faith in us and helps us in the right direction, just like the bishop did with Jean Valjean. Someone who sees us for who we truly are. For me, God is also someone who welcomes with open arms, regardless of what I bring.

As a student priest, I want to welcome you in the same way. Without judgment. Without pointing fingers. You can come for a conversation just as you are, no matter what you're carrying, and we can try to find the way forward together.

If you need someone to talk to, please contact me! You can reach me via email: Jane.christin.siewartz.dahl@nmbu.no, or sms: 454 99 004

Jane Christin - Acting Student Priest.



Sofie Palmstrøm Translator



Jane Christin is the acting student priest at NMBU. The student priest has their office in the basement to the left in The Clock Building. The student priest is available if you need someone to talk to or discuss with, or someone to give you advice.

Appontments are made with Jane: jane.christin.siewartz.dahl@nmbu.no, 454 99 004

# THE GAME PAGES



#### **WORD SEARCH**

ASSEMBLY
AUTUMN
CHRISTMAS
CROW
FARMER
HARMONY
LEAVES
PRIEST
REVUE
SEASON

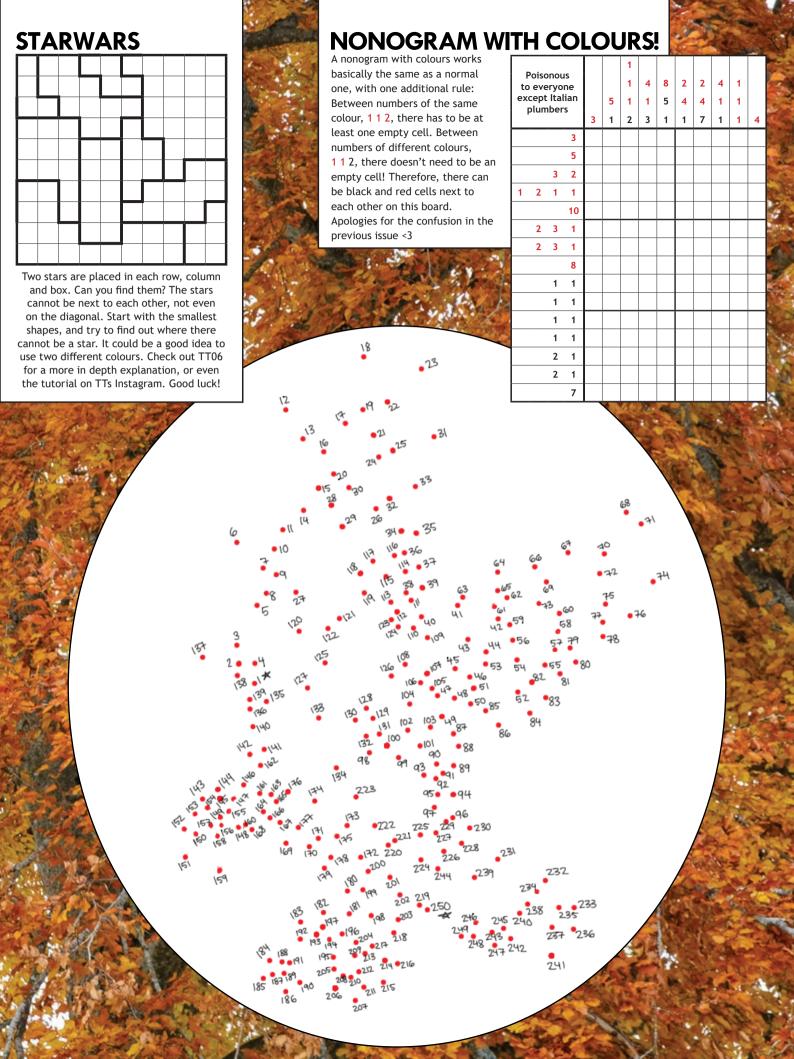
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| E | w | s | U | Н | s | X | w | I | D | w | E | В | J | F | E | v | С |
| U | K | E | L | J | A | J | U | D | В | Y | F | М | D | U | D | A | К |
| R | E | v | U | E | С | R | v | О | О | G | J | Y | В | R | Y | U | v |
| L | L | E | A | v | E | s | M | К | Q | Y | С | О | N | L | N | Т | В |
| w | s | P | R | I | E | s | Т | О | v | x | Z | P | Т | J | Y | U | Y |
| v | О | Q | A | x | N | X | x | s | N | О | L | U | A | Н | J | M | Y |
| С | С | Н | A | v | I | v | N | X | Н | Y | J | w | L | M | E | N | К |
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## **SUDOKU**

|   | 1 | 7 |   |   |   |   | 4 |
|---|---|---|---|---|---|---|---|
|   |   |   | 8 |   |   | 9 | 1 |
|   |   |   | 4 | 1 |   | 7 | 8 |
|   |   | 9 | 1 | 2 |   |   |   |
| 3 | 2 |   |   |   |   | 1 | 7 |
|   |   |   | 3 | 9 | 8 |   |   |
| 2 | 7 |   | 9 | 6 |   |   |   |
| 6 | 8 |   |   | 3 |   |   |   |
| 4 |   |   |   |   | 6 | 3 |   |

| 1000 |   |   | 9 | 7 | 1 |   | 8 |   |
|------|---|---|---|---|---|---|---|---|
| 8    |   | 1 |   |   |   |   |   |   |
| 6    |   | 7 | 4 |   |   |   |   | 2 |
| 2    |   |   |   |   | 4 | 5 |   |   |
|      |   | 5 | 6 | 2 | 7 | 1 |   |   |
|      |   | 3 | 8 |   |   |   |   | 4 |
| 4    |   |   |   |   | 3 | 8 |   | 9 |
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| 0.75 | 200 | Carl. |   | Section 1 | - 10 | 200 | " Elon | 1 |
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| 6    | 2   |       |   | 3         | 7    | 4   | 5      |   |
| 8    |     |       | 3 |           |      |     | 7      |   |
| 1    |     |       |   |           |      |     |        | 6 |
|      | 7   |       |   |           | 8    |     |        | 1 |
|      | 9   | 3     | 7 | 6         |      |     | 1      | 2 |
|      |     |       |   | 1         |      |     | 9      |   |
| 4    |     |       |   | 8         | 9    |     |        |   |





Cheers FFD! Cheers Skriver! Cheers \$paregris! Cheers Hunkatter! Cheers Qlturelle and Xklusive Cheers Pusekatter! Cheers Tora and Thorvald!

In the dark October Night there was a feeling Katten couldn't shake. Its paws were tingling with the need to grab something fluffy, yet good. In the creeping Dark, Katten sets off for Trick or Treats.

Katten is trudging around Pentagons curious Brick Apartments and knocking its paw on one humorous Door after the other. Behind bearded Walls, smooth Students are found handing out old Sweets. Yet this is not what Katten had wished for in its wicked Mind.

Katten returns disappointed to the wild Pentagon 1, where She drags her Paws up the precious Stairs and knocks on the red Door. The Door is slowly opened to randy Sounds. In the indecent Dark, Katten catches a glimpse of a fantastic FFD holding an intoxicating Source Brew for Katten!

Eureka! Katten finally got what She had been longing for on her gultural Journey. With a Source Brew in her Paw and FFD's meowing Charm, Katten could go to bed Warm.

Qltural Regards from Matrise Marlene, Fotogen Ingrid, Gambler Thea, Spilledaase Aurora, Pusekatt Ingrid and Pusekatt Signy

Plenty of fun has happened lately Except for the one hemorrhoid TV-aksjonen raised a good deal of funds And UKA met the girls in blue

The S-weekend consisted of visits to our favorites

Male choirs make the good atmosphere contagious

This is the lot that wears the sixpence best And always is joining our parties

Big thanks to everyone who celebrated our iubilee

The evening was far from short Great donations, kicking up our heels Never have we baked so much cake

We also had a fernetalften Collegium Alf is a hidden gem Spelling mistakes, two lines in a row? Think again, you cow

The first snow created drama, as always You would think the forecast was hard math Even more dramatic was the Halloween party ticket sale

You would think people were tired of the incest

Forfatterfrøken

WOW time flies, and we're already in November.

Speaking of time; we've set the clock back one hour, and we're officially in wintertime. Wintertime means lighter mornings and darker evenings.

The mornings were even lighter when the first snow hit the ground in Ås (in October, already!!).

CA further lit up the day when we joined the neon pre-party with Nordisk Landskamp. Halloween was celebrated with paint and sip before we headed to Samfunnet.

Since the last time, we've been enjoying ourselves on our "gulltur" and at Samfunnet i Ås' General Assembly - congratulations to all the newly elected.

The "gulltur" hit the spot, and we had a great time.

Now we just have to recharge our batteries and get ready for the Christmas party season, which is fast approaching.

Xoxo, the girls in black and gold.



It's been long since the fall was gone so quickly,

And with the premature winter, we drown our sorrows in drink.

Study halls become fridges, it's easy to swear and curse,

In such times it's good that revues can warm our association heart.

We took a trip to Amster for the cultural journey,

Stumbling and falling, at last we found

Although it was raining and windy all the

What's better than drinking straight from the stream?

The Academy looks forward to more November and December mischief Let us hope that exam season gives us all the same luck

Gents Academy v/ Lord Ambassador



Repeat after me:

My actions during this weekend do not reflect who I am today.

I was just entertaining everyone, playing a character ...

And everyone who judges me are losers. Amen

If that doesn't work, these words might give you comfort:

Sometimes, a hug is all you need Someone holding you, whispering in your ear that all will be well

Other times a good old-fashioned fuck against the wall is the only thing you need

If that was hard to grasp, you could also say: "When life is a soup, you ought to spoon"

With regards from Koneklubben Freidig by Nestsjefskoneemne



Good Alften!

In Collegium Alf, where hats are stray Omega 27, Alfways our pride, we must say With Alfevitt og Fernet Branca in our nook Samfunnet I Alf, our joy, our place and book.

Students are gathered, for laughter and play The landscape is changed when winter makes its way

Collegium Alf, our oasis, our pride and honor

Where hats are funny, and spirits are Alforic!

Alfevitt in our cups, Fernet Branca in our minds,

Collegium Alf, impressions on our skin! Samfunnet I Alf, where students thrive and laugh.

The hats are cool, and the winter even more!

Alfways the best regards from Alfabet

# Have you heard...

#### Shovel in the dirt

I've heard a horrible rumor that they're building a new airport in Vollskogen???!!! With the increasing amount of people from Rana at NMBU, the university has decided to build a big new airport on campus. RanaBlad reports that the task of carrying out a peasibility study for the collaborative project will be done by Ranaregionen Næringsforening.

#### grind

My Pentagon-routine:

02:30: wake up to ska

02:35: write «gm» in the canvas-chat

02:50: shower

6:30: exit the shower

6:40: Read Tuntreet (skipping woke articles)

9:00: check the bank account 9:01: withdraw all the money

9:40: kill a rat in the sauna

10:00: be murdered by another rat (not related)

11:00: viking funeral in Andedammen

#### Half-mast

Was going to test an urban legend in samfunnet on Ås. It could have went better... Earlier posts here in have you heard talk about Oddvar Brå haunting the men's restrooms at samfunnet. I'm an atheist and don't believe in such tosh. But this time it bit me right in the left buttock. I did like the post wrote and said his name three times while looking into the mirror... The light is flickering and I heard strange voices from the sink and all the toilets. The urinal blew out so that the soap bars flew all over the place. And between the flickers of light stood he...

He firmly grabbed my semi-hard dick (I had been to Halvors and danced with a pretty brunette)

And then it happened

He broke my dick!!!....

#### 222

Rumor has it that Ås Royal Ninja Society have their November admissions 10.11. We meet in Nordskogen at 1913

Checklist:

- -Ninja mask
- -Nunchuck
- -Plenty of ninja stars
- -Kunai/katana
- -1 six-pack of beer, and a bottle of top shelf sake
- -Good mood
- -A tiny Chinese lion statue
- -Weather-appropriate clothing

And most importantly, if we see you, you're not getting in... GOOD FENGSHU!!

Secret regards

**Aspiring Dogger** 

It's rumoured that Ås Dogging have started their business again, where they have switched dogging spot from Nordskogen to Vollskogen, to support these people thinking we should keep Vollskogen, while maybe also meeting a likeminded/bigger audience. Because of an always somewhat uneven gender distribution in Nordskogen, we're trying new areas. And as always, contact NT-kiosken if entering the ranks of the doggers is wanted!

Hope to dogg you!

**VBR** 

Aspiring Dogger

Dissapointed

"silent" disco got a new meaning today