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# 6UNGRÉE 5

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SEMESTER KICKOFF

Q&A WITH SIÅS

TWO BEERS: MAREK

# LEADER

# We got through covid, are we ready for what's next?

Woohoo! Two years of infection control measures have finally come to an end. The covid is let loose, but I don't encourage people to get it (this illness is intense). A lot is happening, and there's barely any space in our schedule with everything happening at the Agrarian Metropole. Did you miss anything? Don't worry, you'll be able to read all about it in this magazine.

After almost two years of restrictions, our understanding of "normal" has been redefined. I'm scared that all the measures we've had to prevent contagion will cling onto us and keep reminding us that "this is probably not a

great thing to do, covid-wise?". For me personally, being around a lot of people feels exhausting, but that might have been the case before the pandemic too.

The last two years have been tough on our shared unity and the trust we have towards those in charge. Some people have avoided going out in public altogether in order not to get infected, whilst others have believed that covid is fake and that the vaccines are just a

state measure

to control you. Some reactions on the covid restrictions have almost been scarier than the virus itself. How can we use what we have learned during the pandemic in our coming challenges?

Because the future is looking a bit unsafe right now. Amongst other things, we have ever-increasing electricity prices and various compensation arrangements which cover some, but not everyone. With rising electricity prices, it will get more expensive to produce artificial fertiliser, which again will make food production more expensive, and the grocery store prices will get high. The scary situation in Ukraine doesn't exactly help either. Russia produces a significant part of Europe's gas consumption, and Ukraine is known as the granary of Europe. An escalation will lead to both higher electricity prices and food prices, not to mention completely unnecessary deaths.

To top it off, the climate crisis is starting to make itself thoroughly known. The winter sometimes feels like spring, and the summer is dry and even warmer. The rest of the year is even less predictable. A month can go by where there's extremely little precipitation, then in the following hour, all the rain suddenly falls. This, again, affects the production of both electricity and food.

We have exciting times ahead of us, and it's unsure what this new normal will be. But if there's one thing the pandemic has taught us, it is that with enough willpower and collaboration we can overcome most challenges.



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### Curt Rice + pineapple = ?

The first student parliament of the year began with great excitement, and seventy percent of the members were new in their parliamentary roles, so discipline had to be enforced firmly by the chairmen. The first stage in the session was crowned by a surprise visit by rector Curt Rice, who was excited about being rector at NMBU . In particular, he enjoys the uniquely close contact between everyone belonging to the university. After answering questions on how to make the university better, a question thundered out in the chamber: "Pineapple on pizza?". In light of Curt Rice's reputation among students, it might be better if he didn't reply to this socially divisive question, but the answer is: yes. Rice and pineapples go hand in hand.

## Election of candidates and celebratory sing-song

Although this wasn't a topic on the agenda, it became a general consensus that the birthday song should be performed for a member of parliament. Soon after the song was conducted with the appropriate enthusiasm, the chairman pressed on towards the evening's drum roll case: election of members to the committee for the best lecturer. The case was originally at the end of the agenda, but out of respect to the candidates, who most likely had more productive matters at hand than to sit and wait in the backbenches for six hours, the case was moved up. As a result, one member

was elected. In best cases, a committee has more members, so parliament approved of AU-appointed members to find more members.

### Misuse of regulation?

In the previous session of the parliament, a case was discussed concerning further digitalization of NMBU. The AU used this discussion to formulate a resolution, which passed. But this discussion spurred another topic. In December, many exams were suddenly changed from digital to physical attendance. This forced many students to postpone their exams. A temporary regulation is in force, allowing those responsible for exams to change the exam form on short notice, and many feel that the law has been used at the cost of the students. NMBU's own legislation explicitly states that a student must be able to complete his or her studies within a normal period of time, but the regulation may lead to certain conditions where the legislature contradicts itself. We may see a coming resolution demanding that the rights of students be highlighted more appropriately.

# New instructions for presidents, vice-presidents and Student Councils

Each faculty has its own Student Council. This council ensures that students can voice their concerns and opinions on particular problems or situations. On this session of parliament, the AU have presented new

instructions for the presidents and vicepresidents for these councils, the intention being to ensure quality and administrative integration of the faculties. The case was received with a lukewarm temperature. Both BIOVIT and LANDSAM voiced their concerns on it, BIOVIT maintaining that the changes are inadequately highlighted, and LANDSAM wished more time to discuss their own faculty matters. After a long round of proposals to the text in everything from overlap reports to matters concerning council procurement of coffee, chairman Anthun Wilhelm applauded the parliamentary proficiency for decisionmaking, calling the whole session a "speed record in democracy".

### Lingual criteria and children's rights

The working language of AU is Norwegian, and to ensure quality in the work of the AU, a standard was discussed whether or not all members of AU must be able to understand and use Norwegian on a level equal to B2 certification. Towards the end, a suggestion for a resolution was discussed: an appeal to the university to raise educational standards concerning subjects involving young people and children, as well as ensure the student's comprehension of children's rights. To conclude: do you need a place where you get a free meal and a solid "arm day" exercise involving isometric vote raising repetitions? Become a student representative for your faculty on the next council election!

# I had a choice. What about others?

On February 7th, Student Parliament 1 took place, in which a discussion occurred about having Norwegian language as a prerequisite for students who want to run for AU. The requirement to have level B2 Norwegian language proficiency as an AU member candidate and Norwegian as the working language in AU is going to be decided on March 7th during Student Parliament 2.

I wish to grab every student's attention on a specific point illuminated many times in Student Democracy: "**Everyone** is part of student democracy".

By "everyone", we mean students regardless of culture, religion, age, language when they chose to attend NMBU.

With passing of the rule as a requirement, we will be eliminating 1/5th of the population of students to run for the position. Though we pride ourselves with democracy being open for everyone, this change will exclude an important mass of students. This requirement may be contagious at a faculty level, which could further create a stronger sense of separation between Norwegians and Internationals, something we're trying so hard for so long to break down.

At the beginning of my studies, a former AU member presented student democracy, and it fascinated me to learn how it worked at NMBU compared to my experience in Nepal. "It is YOU as a student who decides who will represent you".

I got nominated and chose to run for the election. The only thing that I knew was that I would represent diversity and work for the benefit of all NMBU students. I am an international student with no knowledge of the language. I reconfirmed if I could run and, with no barrier, I ran and got elected.

I had a choice. I chose to take this responsibility. I invited myself to the battle.

Since day one, I felt that this job was different. This is not just fun, but a really important position, as we work closely with the campus to ensure that the voices of students are always heard. I acknowledge all the hardship with the job AU demands, and I recognize the barriers I had, language being first. I also came in without knowledge of working in an organization, and my different cultural upbringing became a major challenge as well.

Being the corona-student, I didn't know the names of different campus buildings, Norwegian ministers and political parties. I worked hard and learned about these things along with the language because it was important for every single aspect of my job. If I was fluent in Norwegian, I would be able to work more independently. But none of this stopped me from working with my team and striving to excel in my responsibilities.

I would like to thank Ina, Vegard, Elisabeth for being patient with me and helping me learn. Thanks to everyone who welcomed this change and worked with me to fulfill my duties.

I don't believe language is a barrier if the person elected is equipped with the required resources, tools, organizational knowledge, and most importantly, the spirit to work for and represent all of the students of NMBU.

### This raises a question: Is it something that is wrong with the candidates or the system?

I believe this responsibility should be open for all the students who have the passion within themselves, and it should not only be limited to the language barrier the candidate might face.

I request the discussion to be continued in every possible way around this case and welcome everyone to think where we want to lead student democracy at NMBU to.

5 steps ahead or 5 steps back for internationalization?

### **Nisha Jha,** Member of the Student Board (AU)



# THE VETERINARY BUILDING FINALLY FINISHED, SOON

### Critical report sheds light on the co-location project



Tord Kristian F. Andersen



Borghild S.Oterholt Photographer



Nathalie Genevieve Bjørneby Photographer



Angelique Rein Translator

On April 17, 2008, the Parliament decided that NVH (The Norwegian School of Veterinary Science) and UMB (The University of Life Sciences) should be merged. The road to a unified NMBU has been a difficult process, because it is only this autumn, with a two-year delay, that the veterinary students moved to Ås. The building itself is still not completed.

### Critical report

Following an external investigation, Dovre Group submitted a 77-page evaluation of the co-location project of Campus Ås. The report reveals a number of shortcomings and matters worthy of criticism. This has resulted in a price increase of NOK 1.3 billion and the two-year postponement. In

its presentation of the report, regjeringen. no concludes that "[...] Statsbygg has consistently underestimated the complexity, scope, requirements for infection control and expenses, and to a too small a degree considered the entirety of the project."

### The Veterinary Institute

In quality assurance of concept selection (KS1), a recommendation was made to keep the emergency preparedness and research institute Veterinary Institute at Adamstuen, in line with the users' wishes at the time. This was not taken into account in the project further on. It was decided that it should be moved to As together with the Veterinary College. As a result, there came both resistance and high expectations for the new Campus Ås building. Based on this, the users' wishes and needs were strongly emphasized in the planning of the Veterinary Building. The reception project has been difficult, and input has occasionally been variable.

### Breaking budgetary boundaries blindfolded

In March 2008, Statsbygg was asked to start planning and designing new buildings for the Veterinary Institute at Ås. The preliminary project took place in 2011-

2012, with construction starting in 2013. The first time Statsbygg was notified that the financial management framework was under pressure was in 2016, but no uncertainty analyses were performed then. They were also not implemented when an adjusted cost framework was sought in 2020 and 2021. The report believes that external and independent reviews should have been done to have more realism in the work.

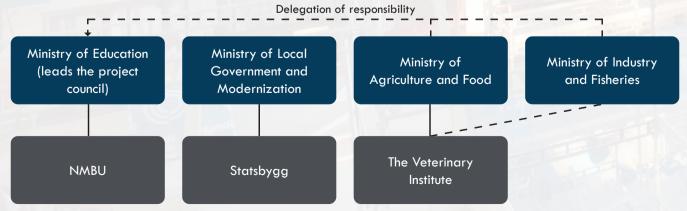
### Much to look out for

Although the report is critical, Hege Njaa Aschim, communications director for Statsbygg, says that she is very pleased to receive such an external evaluation. There were around 50 contracts to keep track of, and electrical work that turned out to be more complex than anticipated. This meant that some plans had to be redesigned. Aschim agrees that the report can be seen as a resource and points out what needs to be improved for future projects. She acknowledges that the co-location "has been a very demanding and complex project."

### **Cost-Cutting Measures**

Kjetil Hald Oftebro, chief engineer in the Real Estate Department, is honest that there are things that had to be given

### The project council's composition



Edition 02 Volume 77 Photo: NMBU

up when taking costs into consideration. The area has been reduced, the number of drainage-boiling tanks have been cut from two to one, and automatic damper control ventilation has been made manual. He is quick to point out that "Statsbygg has been very receptive to wishes, especially in the early stages." The report concludes that: "Despite extensive processes, the actual extent of the cuts has been small."

### **Incomplete**

There are still parts of the building that cannot be used. This amounts to about 200 sqm of the 63,000 square meters that have been planned for use. The report gives the example: "A laboratory at the Veterinary Institute has not yet been used due to deficiencies in operationally critical systems in the co-location project and is still operated at a previous location at Adamstuen." E24 mentions fertilizer systems in infection isolates that do not work and therefore remain unused. The Parliament has granted an additional NOK 75 million to rectify errors, but NMBU believes this is not enough to solve all the problems.

Aschim believes that Statsbygg has delivered what they are supposed to: "We are the clients, and will deliver what is ordered. The order is made by those who have domain competence, in other words those who know the subject." Kjersti Sørlie Rimer, Real Estate Director at NMBU, says that on some points NMBU and Statsbygg agree to disagree. "There was too little control at the very beginning, with too tight a time frame." Regardless, both parties believe that good dialogue is very important, and that this is when everything will be made right. "The decisions must be understood by everyone, and the cooperation between the client and the ministries is extremely important," concludes Aschim.

### The project council

An issue pointed out by the report has been the project council and its inability to make decisions. It has only functioned as an advisory body, where NMBU and the Veterinary Institute have only been able to provide input, while Statsbygg set the agenda and kept minutes. "The client decides and has the last word. NMBU has

participated closely all the way, probably this is a project that has far above average user participation", says Kjersti Sørlie Rimer. The council itself is described as a place where opinions have been aired and one has been able to argue a bit. "NMBU was an observer and not a full member, but I do not think this has had any considerable significance for the project. The fact that the project council was a council and not a decision-making board is a more important issue." The report recommends that it is replaced by a project board in the future. There, the users and future owners must be proper members.

### A splendid building

It is important to point out that this is a project that is on a scale and class very unfamiliar to both NMBU and Statsbygg. Despite delays and billions spent, all parties emphasize that they are generally very satisfied with the end result. "It's a great building, a bit massive, but nice in the terrain. It's great inside, and the ventilation is ok. Most things work well," says Rimer about the building. She also promotes the skilled operating personnel. Statsbygg is also delighted with the almost finished building: "This is a fantastic building. We have now rounded the buoy, and we are left with something to be proud of," says Aschim.

### Students' opinions

Linda Martine Lindstad, head of the student council at the Veterinary College, says that the veterinary and animal care students are very relieved that this relocation process is finally over: "There have been several years of postponements and little predictability, so the fact that we have finally come to Ås is very good for everyone. " Apart from complaints about an auditorium with metal seats, and somewhat limited access to the building, she points out that people are happy. "Even though the building has not been completed yet, it seems for the time being that this has not been a big challenge for the students, as the areas that the students use are largely finished."

According to the plan, the entire project will be completed in the summer of 2022. Even though the building has already been moved into, Aschim wants to emphasize: "We will not quit until we are finished."







Hege Njaa Aschim



Kjersti Sørlie Rimer

# SEMESTER KICKOFF

Interview with 06 Boys

Saturday, 5th of February, 06 Boys kicked off the semester in Aud.Max. This was their first time playing for a student crowd and in between sound tests and the concert, they welcomed us backstage for a short interview.

### Want to create joy of life with the music

The first question Torvald and Tora ask them is why are they called 06 Boys? The boyband gives three explanations:

- 1. They are born in 2006 (doubt it).
- 2. They have zero sex.
- 3. They are named after the 06 snus.

The band established in 2014 comes from the City of Roses and is the first band in recent times to have a breakthrough with the Molde dialect. "Our goal is to make others want to live by listening to our music, not for us to make a living from it", Håvard explains. Two of the boys are currently working, as a fish farmer and an electrician, and the two other boys are getting their education in medicine and musicology. Whether the future lies in making a living from music with 06 Boys is not entirely certain, but they are no strangers to the idea of having music as a livelihood.

### The boyband that wants to reform the dance band

In the description of the concert, the band is referred to as a boyband. So far, the 06 Boys have not marketed themselves as anything other than a group. However, now they would like to show more of their personalities. Inside the group, Ivar is described as Norway's best DJ, but also the bad boy of the band. Håvard is a pit bull, Erlend is the heartbreaker. Erlend is described as a pinball machine that holds all the balls in the game and doesn't let them fall of the tracks.

The band would like to market themselves as a dance band and remove old stereotypes of dance bands. They want people to think



of them when they hear "dance band", not Ole Ivars. The lucky people who were in Aud.Max. this evening got to see awesome and intense dance moves that made the audience want to join in!

### Blew their chance of a cover

Tips are always trickling in to TT's inbox. A burning hot tip we got was that 06 Boys were asked permission from one of Norway's biggest artists to make a cover of their song Sprint. This was in a time where 06 Boys were a bit less active, and the mail was not checked so often. Three months later, when they did discover this amazing request, it was unfortunately too late. Even though they sent every piece of material they had for the song, we have yet to see a cover...

### Entering the world

It is only the last two years that the boy band has been working seriously. In the beginning, the songs they wrote were more locally anchored and did not necessarily make sense outside of Romsdalen. Their single Grå Peugeot is about Tommy's car which was heavily used during the band's earlier years. The band would not describe themselves as a part of the Råner environment (Råner = people driving around town as their hobby/lifestyle), but

tell with a twinkle in their eyes that they actually would throw eggs at them in their childhood. The dance band thinks they have developed a lot during the last few years. From songs that are about inside jokes of the band, to songs they think would be easier for everyone to relate to.

### New single in April!

As the 250 visitors could hear, there were a couple of new songs that were being played in Aud.Max. A new single is coming in April and the boys bring lots of experience from shows in Sentrum Scene, the By:larm festival and hopefully also Aud.Max. Their songs are made with the audience in mind, to make the chorus as catchy as possible and easy to sing along to. 06 Boys are far from getting enough and have many festivals planned for the summer and want to "gønna på" ("Fire away"), as Tommy says.









Simen Walbækken Tangen Journalist



Margit Schrader Haugland Photographer



Hanna Sahlström Photographer



Amalie Pedersen Brønmo Translator

# The Perfect Reading Room – Wishful Thinking or Reality?

Tuntreet and Student Board member Vegard Sjaastad Hansen share a common dream that the perfect reading spot exists. Together they set out on the hunt, which takes them up and down stairs, in and out of doors and several years back in time, back to when the reading rooms were a real battle at NLH.



Ingvild Lauvstad Journalist



Margit Schrader Haugland Photographer



Nathalie Genevieve Biørneby Photographer



Pauline Marie Søndenå Translator

Before we set out on the hunt, we have a meeting in the office of the Student Parliament and Student Board to uncover the saga of NMBU and the reading rooms. "The number of reading spots has been frozen several years now, but the number of students has increased," Vegard points out. "It is difficult to map how many people use the reading rooms, it is easier to find data on group rooms which can be booked. The pandemic has probably had an impact", he continues. The need for more spots is decided at faculty level, but Vegard emphasizes that AU can take the matter further if it affects large parts of the university. «If you are dissatisfied with the reading room itself, there is a web portal for reporting needs, e.g. poor ventilation », Vegard explains. "The university is good at fixing such things as they happen."

"The Student Board has correspondence from the 80s between students and the university, where students are fighting for money to cover the rent for their own premises since the capacity of reading rooms had reached its limit," Vegard can tell with a smile.

Today's need for reading rooms is probably less urgent - but can you sit anywhere? "There are no special regulations for master spots, the most important thing is to show common decency - move if someone has reserved the place", is the last admonition from Vegard before the hunt can begin.





### The Clock Building

In the Clock Building - the pearl of the university's many buildings, you will find reading rooms over two floors. The building is not only reserved for LANDSAM students, and the spaces can be used by everyone. The master reading rooms at the top of the building are bright and quiet, have a traditional look, and a retro loft feel. The reading spots are divided into five rooms of different sizes. There are kitchen facilities (yes, they have a microwave!) and one can enjoy an area for relaxation, with a good view of the university courtyard.

However, there is one downside - though an insignificant one for the energetic NMBU student - you must climb four floors to be able to enter the doors to these magnificent rooms. For those who want fewer steps to climb, you can use the more classic reading room at the far left on the 3rd floor. But fear not! The Clock building has an elevator, so it may not be a problem after all.

### Sørhellinga

Sørhellinga can in many ways be considered the capital of NMBU's empire of reading rooms. The largest room is spread over three areas where the desks are separated by partitions in fashionable orange. Mecca is located around a large, open area for relaxation, with kitchen facilities (yes, they have a microwave!). All this is only discovered when you realize that the building uses the English floor system, and that the 1st floor is actually the 0th floor.

Something that separates Sørhellinga from most other reading rooms is the ban on shoes indoors. A minus some would say, but for those of us who like to feel the toes get proper room to move, or like to feel the soft fabric of the spacious slippers against the skin, this is a real plus.



### The TF Building

In our beloved TF building, you will also find some reading rooms. However, these are somewhat narrow, to the extent that some of them can be used as large group rooms - if you are many enough and do not really have plans to do any schoolwork (assuming there is no one sitting there already, remember the common decency!). The basement's reading room has a Stressless chair (which lowers the prison vibes to a certain extent), and is naturally a master's spot. Tuntreet does not judge, as writing a master can be hard for both head and butt.





### Bikuben

If you want more life, Bikuben is a nice place. Here you have both a canteen and what NMBU refers to as "study zones" - a cross between a reading room and a canteen table. You can choose whether you want a lot of noise around you by sitting in the canteen area or on the tables at the top of the grandstand, a little less noise in group rooms, or if you prefer, total silence in the reading room "Glassvingen". A big bonus is the room's large corner windows facing the small forest outside Bikuben's rear walls. If you are lucky and grab a spot along these windows, you can look forward to a day indoors, but what almost feels like a day outside.









### The Veterinary Building

What? You do not have to be a veterinarian to set foot within the walls of the Veterinary Building? Vegard encourages everyone to make more use of the university library, which is common to the entire university. "It would have been nice if we all spread a little more when choosing a reading room. The veterinarians can also use all the reading rooms on campus", he assures, as we enter the building's huge fover.

Since the university library is just a library, it is very quiet and peaceful there. Here you can choose both classic office chairs, or deep, nice armchairs for a good reading session of both the syllabus and other things. Otherwise, there are many cool events at the library, and Vegard hopes everyone goes there the next time something happens!

### The Tower Building

It can feel a bit as if the Tower Building, in the same way as the Clock Building, is set aside for the economics and business students, but the reading rooms are open to everyone. The basement's reading room may receive the award for the most fun floor plan. It is spread over two floors, but the area is completely open with a staircase up to the 2nd floor. Even if you sit by yourself on the 1st floor, you share the room with everyone who sits on the 2nd floor as well. This can feel nice, but at the same time also a bit cramped - the reading room is definitely worth checking out! A plus is that this is a quiet reading room for those who get easily distracted, or just do not want to hear about everything the person next to you experienced at the last party.





### The Soil Science Building

For those who do not belong to MINA, the Soil Science Building can be seen as an ever so small mystery. The building houses, among other things, NITO and the IT department, as well as a labyrinth of rooms and reading rooms. "I have not set foot in a more confusing building," sighs Vegard, as we descend into the inner depths of the Soil Science building, also called the basement. Here we find a reading room with a cozy kitchen area (unsure about the microwave!). Vegard tells the legend about the good coffee in the building, and you have to find your way to the building's kitchen areas to test it yourself!

### **BIOVIT**

The last building to be trawled for reading rooms is BIOVIT. Here the reading areas are more open, with tables and chairs, some without partitions, others with. It is otherwise bright and nice. We actually managed to find an adjustable height desk, but this was reserved, and there is probably a student among all NMBU's wise, young minds, who needs this particular desk. Tuntreet nonetheless reserves the right to dream of an adjustable height desk in the future.



### Conclusion

After an intense hunt, Tuntreet can conclude that there are many more reading rooms than we were aware of, and you do not have to sit with the entire university at Sørhellinga. Vegard encourages everyone to use the entire range of reading rooms NMBU has to offer, and after a good hunt, we are convinced that the perfect place actually exists. However, it is up to you to find it, and here you have the menu presented. Good luck!



# STUDENTS PETITION FOR A KENNEL AT CAMPUS



Sunniva Steiro Journalist



Margreta Brunborg Photographer



Alexander Mæland Munkejord Translator

An appointed kennel committee from the veterinary student council is currently working on setting up a new kennel at NMBU. There once were kennels both in Ås and at Adamstuen, but when the new veterinary building was built in Ås, they did not facilitate for a new kennel.

### **Cooperative Dog Walking**

Tuntreet has been in touch with the kennel committee, and committee member Annbjørg Rogne tells us that there seems to be a strong need for a kennel, for students with long study days. The current form of the idea is that the kennel will be a cooperative project, where dogs can stay and be walked at least once during the working hours of the day, even though the owner is short on time. Then, owners who have the time to walk their own dog can bring with them some of the other dogs, and thus help each other out in their hectic student lives. Annbjørg explains that, depending on what each dog is used to, it should be walked anywhere between every fourth hour, and the Norwegian Food Safety Authority's minimum recommendation of every eight hour.

### **Challenges Regarding Facilities**

Ideally, the committee wants the kennel to be free to use for those who need it, but that depends on the rental costs of the facility. In 2019 the Student Parliament decided that NMBU are to facilitate for a kennel "by looking at the opportunity of



allocating a room/building to a student kennel". Annbjørg tells us that the former kennel in Ås was situated where the new veterinary building was built, and that no area was allocated to a kennel in the new building. For now, the greatest obstacle in the way of creating the kennel, is finding space for it. The committee has set its eyes on an unused room in the Clock building, but the Department of Estates and Facilities have not yet given clearance for it, among other things because of bad ventilation. The kennel committee is currently looking into what the guidelines are for ventilation in dog kennels.

### Undersøker behovet

To get a better picture of the need of a kennel at campus, the committee will post a survey which they encourage everyone with a dog, or an interest in them, to respond to. It is important for the committee to also get an idea of what people in general think about the initiative. Annbjørg points out that many students, particularly veterinary students, commute to Ås and have a dog, and that they are an important target group for the kennel.

Some of the SiÅs housings are open for having dogs if you apply for it. Annbjørg fears that students choose to not have dogs because of long commutes, even though the Student Parliament pointed out in their decision that having a pet has a positive impact on several aspects of everyday life.

### Will be Mindful

Annbjørg also explains that a kennel should be a safe place for dogs that are used to staying in a cage, and that the dogs will have to get used to staying in a kennel along with their owner, before they can be left there alone. If a dog is causing trouble or noise at the kennel, it will not be allowed to stay there unless it is acclimatized alongside the owner. Therefore, noise should not be a problem for students and employees at the Clock building, and they will also be mindful of potential allergens around the entrance. The committee proposes regular cleaning of the entrance, or that the dogs enter someplace other than the main entrance of the building.

### Kennel at the Veterinary Building

Annbjørg tells Tuntreet that several members of the committee find it strange that the new building was not built with a kennel for dogs. She tells us that professors who use their dogs in teaching have to use the dog housing of the university clinic, since no internal housing was made for this purpose. However, this is not a solution that can replace the kennel, as the housing is to be used by dogs up for treatment at the animal hospital. The committee hopes for lots of responses to their survey, which will be distributed through Facebook pages, such as "Studenthunden".





- 1. Name of human? 2. Name of dog?
- 3. Part- or full-time doa?
- 4. Positive or negative towards a kennel on campus?
- 5. Personal need for Kennel?
- 1. Even and Aurora (not on picture)
- 2. Multe
- 3. Full time. Even and Aurora got Multe four months ago!
- 4. Very positive. Even and Aurora see the need for a kennel, particularly for veterinary students with long days. A kennel would be a welfare initiative for all parts involved, both owner, dog and the rest of the collective.
- 5. Even and Aurora have no need for a kennel, they are at home all the time, writing their master's theses. Multe is a "master dog" that they will be keeping even after they have submitted their theses.



- 1. Joel Eriksson
- 2. Penny Lane
- 3. Part time. Penny Lane belongs to Joel's brother.
- 4. Very positive
- 5. Joel had been more motivated to getting his own dog if there was a student kennel. He would be happy to get involved in the kennel.

- 1. Aneta Macejakova
- 2. Koda
- 3. Full time. Got Koda in October, but has had a dog from before, since 2019.
- 4. Positive, but we need to consider issues like for example spreading diseases.
- 5. When Koda was younger, Aneta could not be away for more than 45 minutes before he had to pee. Now he can hold himself for four hours. When he is older. Aneta would like to take him for a walk rather than sit on her phone in the pauses between lectures.



- 1. Astrid Svegården
- 2. Max
- 3. Part time. Got the dog after beginning her studies.
- 4. Positive
- 5. Would have the need when going on excursions or overnight trips, and otherwise apart from when working from home during the pandemic.



- 1. Ragnhild
- 2. Cilla
- 3. Full time. The family dog; Ragnhild brought Cilla with her when she started at Adamstuen, where they had a kennel.
- 4. Very positive, many students with dogs have a great need for it.
- 5. Has a great need for a kennel, now that Ragnhild is doing practical training with night shifts and 24-hour shifts at school. This makes it difficult to have a dog, as it has to stay home alone. Ragnhild and Cilla live 40 minutes away from school, which is very impractical without a kennel on campus.



# The Plastic Problem



Thursday February 3rd, the organizations World Wildlife Fund, Friends of the Earth Norway (Norges Naturvernforbund) and Future in our hands published their report "Fra strategi til handling" (From strategy to action). The organizations demand that Norway moves on from talking strategy and starts to actually fight plastic pollution.

The problematic plastic is a well-known and hotly debated topic. Plastic has gone from being an aesthetic issue ruining beautiful beaches to being a threat towards the environment and a huge climate problem. Although it is a relatively new product, plastic has rapidly become the conventional material for single-use products and packaging. The downside: it never goes away.

The volume of plastic everywhere, the release of greenhouse gasses, and the amount of microplastic in the oceans are all rising continuously, and the negative consequences are expected to surge these next few years. Researchers have concluded that pollution levels are rising faster than the government's capacity to control them.

### 12 demands to the government

The report from WWF et al. is based on the last government's plastic strategy and on the goals set five years ago: there should not be any plastic pollution in the ocean. The authors of the report signify that we need to act now if we are ever going to succeed.

In the report, the organizations make 12 demands, which they describe as good advice and concrete solutions that the government should act on. According to the organizations, these instructions will make it easier for the government to take concrete action.

### The 12 demands are:

- 1. Introduce measures immediately, in a prioritized order
- 2. Show global leadership
- 3. Go beyond the minimum requirement from the EU and cooperate with Nordic countries
- 4. Implement taxes, prohibitions, producer responsibility, design and labeling
- 5. Establish a material registry, tracking and labeling
- 6. Design a national plan for waste management, and set high standards for sorting and recycling
- 7. Introduce bans and design requirements to deal with known sources of microplastic pollution
- 8. Establish producer responsibility, quality standards and longevity labeling for textiles
- 9. Secure waste management in ports, establish producer responsibility and take action against ghost fishing and other sea-based sources
- 10. Follow up with a plan against littering, which drastically reduces the risk of plastic pollution
- 11. Include greenhouse gas emissions and carbon footprint information from the entire plastics value chain in a strategy and action plan against plastics
- 12. Establish a long-term action plan system with measurable indicators for success

### A lot can be put in motion today

Multiple points were presented as actions that could be put in motion right now when the report was published. The first one is a ban on single-use plastic, something Norway is already working on as part of EU directives. Furthermore, an investigation of the producers' responsibility regarding their own plastic waste can be carried out, so that legislation can be formed. The hope is that such legislation will give producers and industries tangible and feasible goals for halving their plastic packaging waste.

The authors of the report suggest that there should be set requirements to public investments. There should be direct criteria regarding less plastic in products on the market.

In this work, producer responsibility and cooperation with the industries are also crucial, both nationally and internationally, in order to find good solutions and alternatives. This could be things like recyclable plastic, or other more sustainable alternatives that are still profitable.

### Plastic arena by NMBU

Based on this report, it sounds like a lot of work is left for the government, the producers, and the big industries. Simultaneously, a lot is going on in the search for alternatives to plastic in other spaces, including NMBU.

In 2021, the arena Smart Plast was founded. Smart Plast is made up of multiple NMBU researchers who have come together with a common goal to stop plastic from ending up in nature. This includes making "better" plastic and packaging technology and

sharing knowledge to create a broader understanding and consciousness around the problem.

### Enzymes breaking down plastic

To reach some of these goals, Smart Plast is working on enzyme technology. They hope the use of enzymes can break down plastic in a sustainable way, before it ends up in nature. The enzymes they are hoping to use are LPMOs, which are already being researched by NMBU.

LMPOs are found in nature, with 30-40 known variants existing in mushrooms. The enzymes have big natural variation, and research shows that they are most likely easily adaptable to new situations and areas of use.

Today's LMPO technology is among other things used to break down wood, making it possible to extract and reuse the sugars. This gives the researchers hope that there are LMPOs that can break down plastics for easier recycling, as wood has a similar structure to some types of plastic.

Just like WWF, Smart Plast wants to actually do something, not just talk about it. They plan on arranging courses about this theme, supporting relevant master theses, hosting sustainability seminars and creating informational material, in addition to their research projects.

The report indicates that we need more initiatives like Smart Plast, if we are to solve our plastic problems. This will require that the government follow the report's demands, and that both the government and the industries are willing to use resources on solving the issues.

Hopefully, these changes will be enough to stop the increase in plastic pollution in Norway, and also be an opportunity to show other countries that it is possible to solve issues like these.

"Fra strategi til handling" can be read on World Wildlife Fund's website, and information about Smart Plast can be found on NMBU's website.

> Othelie Eliassen Journalist



Signe Aanes Illustrator

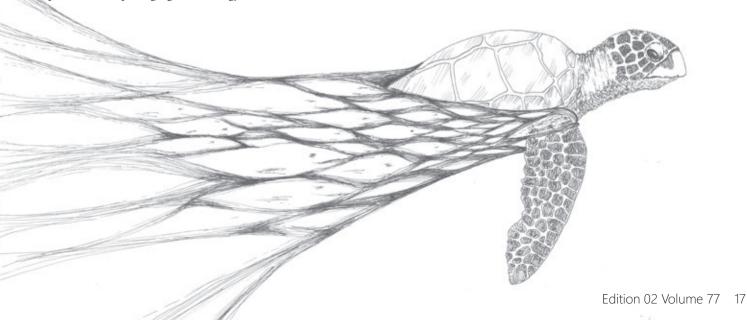


Thea Samskott Translator



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Sofie Bergset Janols Journalist



Nathalie Genevieve Bjørneby Photographer



Tord Kristian F. Andersen Contributor



Sara Thu Contributor



Pauline Marie Søndenå Translator

On Thursday, February 3rd, the evening took a spontaneous turn for the three of those present at Tuntreet's release gathering. While sitting in Klubben enjoying a newly printed TT01, Tuntreet was invited to TTTT, or Tegne-Tryne-Tequila-Torsdag (drawing-faces-tequila-Thursday) with the art association D3K.

Tegne-tryne-tequila-Thursday? What a concept! As a paint-and-sip-enthusiast, I was very eager. As someone who has burned herself on tequila a couple of times, I was somewhat...skeptical? But after a few more sips of beer, and a promise that Tord and Sara would be there with me, it was decided that TT had to test TTTT. With horror mixed with joy (from my side, at least) we gathered our stuff and walked towards the ABC basement.

### The artistic journey begins

When we arrived at the famous cellar, various painting equipment, crisps, and of course, tequila, lime and salt were ready. Exciting. An artistic group had gathered around the table, ready to embark on the challenge of capturing themselves in a self-portrait. Sara, Tord and I sat down at the end of the table, facing a couple of veterinary students who were also quite new to the D3K universe.

The tegne-tryne-tequila-Thursday started with the then-chairman of the board Hanna Sofie Schou Grytli, and the initiator of the evening, Iselin Brox, welcoming everyone. Iselin, who is passionate about self-portraits, presented the evening's challenge and examples from the self-portrait queen Frida Kahlo. She then challenged us to come up with 5 words which describe ourselves, in order to get started with the artistic process. To help make creativity flourish, we also had tequila, because Frida Kahlo came from Mexico. The introduction was rounded off with the sentence: "Alright, I think we start with shots." And we were off.

### A self-examining process

Five words that describe me, okey. Suddenly I found myself in the same blackout you usually fall into on get to know each other-games where you invent fun facts about yourself and can't come up with anything and conclude that you are totally uninteresting, really. And realize that you may not really know who you are.

While reviewing my existentialist line of thought, Sara had written down her words: "perfectionist", "biology", "plants / dead plants". Tord was more secretive.





When I asked afterwards, he revealed that he had not written down any words. He ran a kind of "disregard the authority"style, and painted freely for inspiration. Which gave me a sneaking suspicion that Tord might have been part of the Christiania Bohemians in his previous life. The suspicion did not diminish when Tord asked what a self-portrait really is ("Is it a picture of yourself, or is it a picture of the self?"), and began to talk about Salvador Dalí's incredibly abstract paintings and in general the fascination of how different selfportraits the attenders at TTTT painted.

### ...and a breakthrough

I was still stuck. "If I were a color, what color would I have been?" I asked Tord and Sara, in a desperate attempt to avoid defining myself. Yellow, they replied. Light yellow. Pastel colors in general. I realized that Tord and Sara have a very different perception of me than I have, or perhaps that I show different "colors" of myself to different people (groundbreaking thoughts, I know). Suddenly, I remembered something my mother has said to me: that I have a general tendency to be very colored by the surroundings. An idea began to take shape, and I was finally able to leave the overly self-examining "describe yourself in 5 words" and start with the self-portrait itself.

### D3K = Den **Kunstners** Kunst **Kunstforening**

In between self-searching, shots and selfportrait painting, I also had the opportunity to hear a little more about D3K from

Hanna Sofie. The conversation later had to be complemented by a phone interview, as the notes from throughout the evening were somewhat deficient and / or done with a paintbrush and an idea that a picture says more than a thousand words. That is not always true. Unless one's in D3K, maybe.

The association with the somewhat cryptic name was founded as late as January 2019. when a group of students saw that there was a hole in the artistic environment in Ås. There are subjects that contain drawing and art, and there is a photo club, but with that you work with a restriction in format. The purpose of founding D3K was to break this restriction, Hanna Sofie explained, with "a place where you could frolic and spit out creativity". The result was Den Kunstners Kunst Kunstforening, an association of and for Ås' artistic students.

### Only the creativity sets limits

Since its birth, the artistic association has been through various artistic activities. Ceramics, silkscreen printing, oil painting, (legal) tagging of the water tower in Ås and origami folding are some examples. Several exhibitions have also been held. In 2020, D3K had a member exhibition in collaboration with Ås kunstforening at D6, and last winter they did an outdoor exhibition at Andedammen.

It is mostly the members, or "engaged creative souls", as Hanna Sofie calls them, who suggest and arrange much of the activity. D3K provides funds. "If you want ceramics, you start with that. If you want paint and sip, you do that ", she continued. And if you want to combine Thursday with face drawing and tequila, then it is obviously quite feasible as well.

### The artistic journey is coming to an end

Nothing lasts forever, even though the TTTT existence at times made both Tord and me feel that time does not exist and that everyone has some Frida Kahlo in them. But, after hours of acrylic painting, existentialist questions, music and tequila, it was time for Tuntreet to call it a day. With our freshly painted artwork in hand, we left our new friends in D3K and walked

Since TT participated in TTTT, D3K has had an annual meeting, and the new leader of the association is Erling Eriksen.

«Follow the flow baby»

"Do not think logically"

"Highlight the worst in oneself and make it something beautiful", exemplified by Magdi in Karpe

"You can take a milligram of something"

«One should not perform well»





# Kurt Stilles Mindeløp 🏖



Benjamin Alexander Faulkner

Synne Lousie Stromme Photographer





It was a lovely day for the yearly iceskating event, held by Sangkoret Lærken. The cold was slightly numbing, but the ice was good on Andedammen; with an additional barrier of frozen crusts of bread spread permanently integrated in the ice for some reason.

Kurt Stille, the famous Danish skater, who attended the Olympics in Squaw Valley in 1960, presided over the jury. Curt Rice was the second, and his only comment in beforehand was: "I expect quality". Sabah from the canteen, the third jury, said everything was very lovely. Simon Bakkejord held the opening speech: "It is

quite possible to go through the ice if you try hard enough". The show was on.

Like a crack of thunder, Åsblæst'n ploughed the air with a vigorous cascade of marching tunes. A lot of associations attended the event this year: The X-Clusive Stiftelse PB, Gents Academy, Sangkoret Lærken, Sangkoret Noe Ganske Annet, Dås -Dans Ås, Spillforeningen Kort og Bredt, Pikekoret IVAR, Feminin & Fornem, Leikarringen Frøy, Trøndernes Fagforening, Hunkattforeningen, UKAstunt, Åsblæst'n and Koneklubben Freidig. The whole thing became an outrageously bizarre fever dream as competitors tore up the ice with

their striking and outlandish dance moves. Lærken performed a stunning freestyle waltz polka; Kort og Bredt performed an interpretation of the Battle of Hastings and a PB-man went for a leisurely stroll on the ice.

Åsblæst'n, Hunkattene, IVAR, Frøy and NGA made it to the final. Sweat and tears were shed, and the whole thing ended up with Blæst'n winning bronze, IVAR winning silver and the bass singers in Lærken winning gold. A satisfied Kurt Stille gave the whole thing a rating of 10,5. It was the best thing he had ever seen.







# Karskrennj



Sofie Bergset Janols Journalist



Margreta Brunborg Photographer





Wednesday **February** 16th the student association Trøndernes Fagforening was finally able to invite the Ås students to another Karskrennj.

For the first time since 2019, student associations and association-less students were able to enjoy the traditional ski relay race, and many came by the lawn beside ABC to enjoy some refreshing Not enough snow was no problem for the participants. Instead of skiing, the contestants got to run/jump with their legs tied together. The slippery conditions required coordination, and luckily, the most important component was in place – the karsk.

following teams participated: "Presidiet" and "Barneskirennj" from TF, "Generelt best" and "Hans Harald og kameratene" from Åsblæsten, Unity, DÅs, BB Cowboys, "Superstar Komodo Dragons" and Collegium Alfa 1, 2 and 3. The teams "Presidiet", "Superstar Komodo Dragons", Collegium Alfa 2 and BB Cowboys made it to the final. Trøndernes Fagforening's "Presidiet" won the race - shocker.



# Tuesday Talk:

# Q&A with SiÅs!



Ingvild Lauvstad



Anne Trætteberg Reitan



Sofie Palmstrøm Translator



Jonas Bergh Hagemoen Photographer

Have you ever wondered how much it cost to build Skogveien? Or are you sceptical about the selection in the cafeterias? How has SiÅs handled the high electricity bills? All this, and more, was answered at an informal Tuesday Talk where SiÅs showed up to answer questions, and receive both praise and criticism.

### What Is a Student Welfare Organisation?

Selma Sollihagen, board leader and student representative in SiÅs, opens by asking if the audience knew what a student welfare organisation is. It becomes clear that this is not common knowledge, but some know that student welfare organisations are regulated by the welfare organisation law. "A student welfare organisation is thus a statutory corporation", Selma answers. "SiÅs is there to answer to the students' welfare needs at the location of education. In Ås this means, among other things, the need for housing, exercise, and mental health services", she explains. In addition to renting out housing, SiÅs also runs the Eika gym and the campus' cafeterias. The welfare organisation also cooperates with the university and the municipality about the Health Center for youth and students.

"Welfare organisations are non-profitorganisations, which means that employees in the corporation can not personally earn the money that SiÅs brings in", Selma continues. "It is the students who contribute, and SiÅs returns this in the form of the welfare services we offer". When asked how the students contribute, she lists the semester fee, monthly membership fee at Eika, and of course – the rent. "The semester fee is negotiated together with the Student Parliament, and also covers the Student Parliament's welfare funds. Kim André Nielsen, vice-leader in the board and student representative in SiÅs, has also

### Facts about SiÅs:

- Established in 1955
- It is the welfare organisation for students at NMBU
- Motto: "Students at centre"
- Manages 2150 rental units and gives housing to about 2300 students
- The budget for 2022 is 205 million kroner
- Predecessor: The Student Committee at NLH managed a list of welfare measures before SiÅs was established.

joined in on tonight's conversation and sits in the committee for welfare funds. "The Student Parliament is an independently advisory organ for SiÅs. We listen to their opinions, for example about the semester fee", Selma adds.

### The Welfare Organisations and the State

In addition to Selma and Kim, CEO of SiÅs, Einride Berg, is also present. "The welfare organisations are all a part of the Welfare Organisation Council, and together we lobby towards the Ministry of Education. Thus, we are very dependent on having a good cooperation with that minister", he responds when asked whether

SiÅs is doing lobbying towards the state. "The Welfare Organisation Council is to the welfare organisations what NSO is to the students", Selma adds.

In the panel, we also find the assisting director, and director for housing, Pål Magnus Løken. "The Welfare Organisation Council is very important to the welfare organisations. Through this cooperation we become a stronger contributor, and a force to be reckoned with", Pål thinks.

Then, the conversation quickly shifted towards finance. Where does SiÅs really spend their money?





### SiÅs and the Money

It is clear that the electricity prices have been on SiÅs' mind a lot lately, as for most people. "Despite being a part of the Welfare Organisation Council, a lack of political breakthroughs has led to the welfare organisations not being included in the governmental electricity compensation arrangement", Pål concedes. A third of the electricity in SiÅs' buildings is price-fixed through long term energy agreements, but for the remaining two thirds, the organisation has been struck with great expenses.

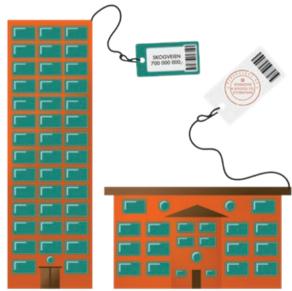
Something SiÅs also spends money on is student housing. SiÅs, like all the welfare organisations in the country, receives state funding to build student housing, and they have established a goal about the coverage of student housing. "Eika was funded by the semester fee. We did not receive any state funding for that project", Einride informs. But how much did the newest project, Skogveien, really cost – even with state funding?

Einride and Selma explains: "Skogveien cost about 700 million kr to build. The state sets a price range that we must stay within to receive support. For Skogveien we received about 230 million in financial support. The rest was financed through a favourable loan from Husbanken. This is what is being paid back though the rent that the students pay", Selma says. "The price range sets the bar for the quality. Originally, we wanted the rooms in Skogveien to be 1 sqm bigger, but we had to prioritize in order to get the support", Einride adds.

The SiÅs-council is in agreement when they emphasize that they do not increase rent in the other housings to finance new buildings like Skogveien. So where does our rent really go, and why is it increasing?

### Rent - The Eternal Bad Guy?

Many people in the audience agree that the rent still increases by a lot. Einride explains that it is still cheap to live in Ås, compared to Oslo. He receives critique from the audience on this statement, and most find it stupid to bring up Oslo, as after all, that is not where we live. "This is an important example of how the welfare organisations are only partly responsible for the students' welfare, and that politics on a national level and an increased education grant, is the solution", Selma says more generally about the case. Pål also emphasizes the importance of an effectively run welfare organisation.



Further, he explains what the rent is used on: "The rent contributes to covering current expenses, including interest and payments on loans. In addition, the rent covers a proportional share for future maintenance. Wear and tear on rooms and buildings is divided across all student generations that live in the buildings, even though the maintenance may not necessarily happen while you live here. This is quite simply solidarity", he thinks. "The time for maintenance comes quicker now than before though. This is because SiÅs builds more technically advanced buildings - for example, a lift is a new technical demand in the requirements for buildings, and the buildings are now exposed to more intense use". This is one of the reasons why the rent is increasing. A question for the next Q&A is probably when this is going to stop...

### Pentagon - A Lost Age or Just a Rehabilitation Away from a New Prime?

When the conversation revolves around technically advanced buildings, Pentagon comes to mind; and what will happen to the 60's-buildings in the future. Will they be demolished and replaced, or is rehabilitation the best solution?

In their strategy, SiÅs has concluded that Pentagon will be upgraded, and these plans are currently being implemented. Pål tells us that many political initiatives have been taken in order to get a support agreement for the rehabilitation of older student housing. But so far, the government has only wanted the grants to be spent on new buildings, and not for upgrading older buildings. "This change in financial support arrangements from the state is what we wait and hope for, and there is a political pressure in order to get it", he concludes.

### The Cafeterias - The Eternal Mystery on Why They Have Been Closed

Einride has heard many theories on why the cafeterias at campus has been closed. "It is because of the pandemic. The cafeterias were partly closed this fall due to a lack of employees. Over time we managed to hire more people but were struck by a new lockdown this January", is the explanation for tonight's final question. Then, the audience could leave Festsalen – a little wiser this time.











The Business Committee and Tuntreet's Committee Heads

Spring 2022

# THE BUSINESS C



# OMMITTEE 2022







Finally, after several postponements, the Astroshow with Knut Røed Ødegaard and Anne Mette Sannes could be held. This hourlong Tuesday talk covered a surprisingly large number of questions all astro-interested souls could have.



Othelie Eliassen



Nathalie Genevieve Bjørneby Photographer



Pauline Marie Søndenå

Some of the questions I asked myself were: Is it Elon Musk or Jeff Bezos who will send us to Mars? What evidence is there that aliens exist? And what are we to do when the inevitable happens and the Earth meets its end?

### Space travel and space tourism

There is currently a race among the richest in the world to get the most out of space travel, and space tourism is becoming more and more relevant.

The dream of an elevator into space is suddenly not just a fantasy, but something experts believe will be possible by 2050.

Furthermore, rockets that can transport people from one side of the earth to the other in less than an hour are one of Elon Musk's investments. These rockets will serve as a replacement for regular aircraft, and shorten an entire day's trip down to minutes.

The idea of a new chance at a new planet seems tempting to many, whether it is to find a planet similar to ours to move to, or to make already known planets habitable. Elon Musk wants to take us to Mars by 2026. Several Earth-like planets have been discovered around our nearest star, Proxima Centauri, which scientists hope humans will one day be able to live on.

### Are we the only ones?

And if there are planets similar to Earth – is it possible that there is life out there too? There is no safe evidence, but observations suggests that there might be something else out there.

Unexplained radio signals. Fighter pilots in the USA who tell of UFOs that move at unimaginably high speeds and resist extreme G-forces. Perhaps the most famous

and mysterious is "Oumuamua" an object that visited our solar system in 2018, which is speculated to maybe have been space debris from a UFO.

### How does this end?

What we know for sure is that at some point the Earth will be uninhabitable for humans. Today, we do not have a rescue plan in case something would come flying through space with the Earth as its destination.

In the "short" term, the threats are comets and asteroids, where even relatively small ones can do great damage and wipe out land areas. In the longer run, the sun's behavior can change and make it far too hot for us and most other things to survive here.

So far, it does not look like these are problems our generation needs to solve, and hopefully there will be good solutions in the future. Who knows, maybe it will be possible to move to a colony on Mars or to one of the planets around Proxima Centauri in a few years? Only time wil tell.



# MAREK ZIMMERMANN



You have certainly seen him at Samfunnet. With some sort of superpower giving him the time and energy to do anything and everything. The 23-year-old from Gjøvik running hastily through the hallways, on his way to his next adventure.



Silje Bie Helgesen



Borghild S.Oterholt Photographer



Anne Trætteberg Reitan Illustrator

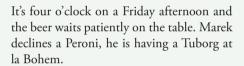


Margreta Brunborg Photographer



Alexander Mæland Munkejord Translator





**99** I never expected to be admitted to NMBU, I initially had other plans.

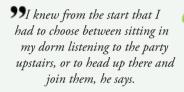
Back in August of 2017, a Ford rolled into Ås. In the car, nervous mom and dad were about to send away their middle child. They entered the sleeping hall in Kajaveien, where beds were lined up in an orderly fashion. Temporary accommodation, 50kr per night. Well-equipped with bread, Nugatti and beer, and a small bag with clothes for a week. This was Marek's first encounter with As. Little did he know that this place would be his playground for five years.

Marek pops open a beer in the behinds of a stuffed moose on the wall of Bohemen, while telling the story of how he ended up in Ås. The plan was to take a year off, but to his frustration, his parents told him to do something sensible during the year, like working. He accepted an unexpected admittance to the masters's programme in Property. Thus, he set forth to Ås. As the above average social person that he is, he quickly learned to get in

touch with new people.







### Energized by being around people

People describe Marek as a altogether good person who watches over the ones who are close to him, and his friendly aura is highly contagious to other people. His history takes us back to the internet sensation, Christmas Calendar in Verket 7. He is not shy about his passion for meeting and motivating new people. Marek's social adventure began during UKA 2018. To him, the social aspect was just as valuable as the perks he was given by the job.

> **99** While some might get tired of social situations, I get extremely energized by it. That's probably why I've joined in on so many things.

### Head of Mareking

Yes, Marek is a guy that has gotten involved with A LOT of things at Samfunnet. He started as a bar volunteer, which led him to join Sprell and the Election Committee. Most recently, he held the position as Head of Marketing on the Board of Samfunnet, and the International Leader for the Ringfest 2022. Many know him from



UKA-stunt and Sprell, dressed in orange and green unitards. These jobs were perfect for Marek. It's all about running around the campus and Bodega, recruiting, and informing new people.

**""** When the job is to urge other people, I'm in the right place. The physical marketing was spot-on for a guy like me.

This is what made him take on the position as Head of Marketing for the Board of Samfunnet, or the «Head of Mareking» as he likes to call it. With a beaming smile, he tells of the great joy of being elected to the Board.

### Lærken

Bohemen was always a natural meeting place for Marek. He often sat down on the couch to talk to the lærkes, and it is always the first destination after a night at Samfunnet. When he was applying for associations, it was not difficult to decide which one to join. He laughs, telling us how he started out standing in the bar, serving beer.

When he applied in 2018, there were no expectation of being accepted to actually use his voice in the choir.

**>>**I was confident that I would be accepted as mascot of Lærken. I pitched to a lærke that I can do a great Emanuel impression, would get really good at chess, and hustle at Bohemen.

Emanuel, the Gorilla, is well known to those who have seen Pinchcliffe Grand Prix, and he is the supreme protector of Lærken. Just like in the Pinchcliffe Grand Prix game, Marek was ready to take his Emanuel-role to the max. He applied with the intention of becoming the mascot of Lærken, to be allowed to walk around in a gorilla suit, begging for donations to Lærken. The plan was set. Marek rises to pull out a couple of glasses. He pours up aquavit and exactly 13 drops of Tabasco and uses a piece of spaghetti to stir with. He offers us one of them. This is called an "Emanuel". Marek laughs, saying it is always fun to serve this and see the reaction of new As students.



He scratches the back of his head and mentions a special memory from the choir. They were standing outside of Mølla, having bought a big fish, that they would throw at each other. He didn't even consider how weird it was until a friend walked past, shaking his head. Marek laughs and says that this was when he realized what kind of club he had joined.

Lærken does their own thing, and it is a goldmine for all kinds of stupid ideas. I wanted to be a part of that.





### SuperMarek - German, ice hockey, football, and a spontaneous marathon

The phone rings. He places a cigarette in his mouth and puts on a woolen sweater. He speaks on the phone, in fluent German. His parents moved to Gjøvik in the 90s and stayed there; it was a choice between France and Norway.

**"**I dream of being a Land Consolidation Judge, but I need to apply for a Norwegian citizenship to become that. I'm German.

He tells about the trips to Germany, and the hockey team he played for. Marek started playing hockey when he was only five years old, and the sport has become a big part of his life. As a child, he was active and played football too. The activity level has not been lowered as he grew up, exemplified by that time he was out for a jog and ended up in a marathon race. He joined in, and spontaneously ran a 40km marathon. He was a little late for dinner that day. In Ås, he ran the Kadaver'n with a friend, and he describes running as a covid activity which blossomed during the lockdown.

Marek has always liked people who give back as much energy as he himself gives.

**99**Birds of a feather flock together, that's why I work in a kindergarten.

Working with children is a break from the everyday struggles. In his room, there is a folder containing all the drawings and paper figures that the children have made him. He

says that the kindergarten is a place where he can be a buffoon, do football tricks for hours and run around and play.

Maybe I will just work for a few years in property management to gather some money, buy a farm and run a kindergarten.

Marek tells us that he admires people who realize their dreams, without worrying about money or what other people think.

### "I'm left with a lot of memories, and an extremely wide comfort zone"

Now, Marek is writing his master's thesis and this spring, he will be done as a student at NMBU. As his final trick, he is part of the committee for the Ringfest. When the thesis is submitted in May, he will no longer be running in the hallways of Samfunnet, breaking through the ice on Andedammen, or manning the bar at Bohemen, stirring with spaghetti. He is not coy about how he feels about the master's thesis life, which he simply describes as "rotting in the room".

> Shit, I'm almost done studying. It's a sad realization.

He puts his hand on his chin and thinks about what he is left with after these five years. Marek's experiences have made it easy for him to get to know new people, and to build networks. He says that he is not that stressed about moving someplace new. The thoughts go back five years, when he first applied to NMBU. He feels like he is back in the same situation. Now, he is ready for "the next step", and as his parents said back then, he has to do something sensible. If Ås has taught him anything, it is that the next step can be the best years of his life.

It is five in the morning. After one too many Emanuels, the notebook is closed again, and that concludes our twelve-hour long interview.



# GREETINGS FOR MAREK



Your Honor!

Marek is se beautiful that if you lock at him, you pass out. He is alse the man with se many worms in his ass that he is an essential in any fisherman's bag.

Living with you was like a party that
never ended. The energy and eagerness you
have for everything that is fun, spreads
like wildfire among us bohemians, and you
are our first choice as flatmate for the next
pandemic.

Even if you are a buffoon of the highest order, and your energy is what is known to most people, it has been nice to get to know you on a deeper level. You have an amazing ability to see people and check up on people when they have heavier days. It feels safe to be able to open up to you, knowing that an understanding and well-reflected answer is to come.

The dinners are quieter here without you, and less food is thrown about. But the ripples from your time here are still apparent, like the moose in the roof, the kindergarten humer, and the clothes on the couch. There will always be a lighter (lighter?!) and a cup of coffee for you at Bohemen, and if not, you can always prepare the coffee yourself. And if you don't pick up your jacket soon, it will be nailed to the roof above the bar!

Respectfully, The Bohemians



### COME ON, PUT ON SOME KOPPEN

Life with Marek is rarely boring. We have memories of running around doing stunts at events, arranging searches when you fall asleep at the loo, and smoking together naked. The keyword we are left with is "sprell"; no wonder that was the committee that first pulled you into Samfunnet, and for that, we are really grateful. Thank you for not being able to sit still, so that we get plenty of breaks during meetings, and for being so forgetful that we can enjoy really good rice together <33

But no matter how restless you can grow in our meetings, you are always patient when it comes to checking up on the people around you and asking how they are doing. You are a safe person to talk to about things that are hard, or simply ventilating shit when that is needed. You are a true friend that backs us up when we need it, and are happy to be there for you when the über-pessimist appears, even if you are more of a realist.

We are so happy to have been in the board with you Marek, and we look forward to lots of fun with you in the future!

xoxo tullekoppene

Dear Marengo
We love you so much and appreciate
how you are always your true self!
No one can ever take your place in
our little family in Verket7.

You are a true source of joy, with a high energy level and lots of impulses. All the late nights in the kitchen, kudos-hunts on Strava, long evening walks, good talks and, last but not least: pancake-Thursdays, are only a few picks of the memories that lie in our hearts.

There is no getting around that you have had luck throughout your life. Maybe your surfboard hasn't gotten its read stripes, but you have built, all by yourself, a great network of people around you, where you have formed good relations that push you on in life. As long as you polish, clean and keep it in order, there is nothing to do except keep on surfing on. The master's this spring too, will land eventually <3

Hero by night, hero by day <-- The core of who you are

Hugs from the pancake gang, Stian, Lars, Josefine and Emilie



# Hankattforeningen st. 1902 penetrerer revycabareten:

# Just the Tip



Elina Turbina Journal<u>ist</u>



Margreta Brunborg Photographer



Tuntreet Staff Contributors

During the last weekend of the Beijing Winter Olympics 2022, Norway broke a record for winning the most gold medals in the history of the winter Games. Here in Ås, Hankattene tried to do the same thing with their revy "Hankattforeningen st. 1902 penetrerer revycabareten: Går for Gull". Was the revy worthy of the gold medal?

### The Hankatt Show

The show began with the forening's walk of fame through the packed Festsalen to AC/DC's Thunderstruck. The entrance was followed by a song, a skål, an introduction video to the Hankattene themselves, and a whole other song about doing a post-covid

Hankattrevy. Did we really need so many introductions to what we were about to witness? Probably not. In retrospect, it feels like the prologue to the revy took up half

### Dicks, piss and 'klamma'

Most of the sketches were appropriately based on the premise of loud groans and moans. De tre bukkene bruse parody, for example, contributed to the old tale of the superiority of a Big Dick. The male choir Polygamy's rendition of KLM's Se Torsken introduced us to, and no surprise here, their phalluses. We also got a Therese Johaug doping scandal reimagined. The joke about Hankattene giving the athlete chlamydia was a fun self-burn. However, the sketch felt a little too long before they got to the point. This is something all of the Hankattboys' sketches had in common.

Another highlight in the revy was the student economy sketch, in which Chef'd'Hazard got quite a haircut to save money on shampoo. Despite the shock value, Tuntreet was glad to see some socioeconomic commentary from the Jubilo-gentlemen.









### STOP!

An undeniable favorite of most audience members, a rendition of the classic antibullying anthem *Stopp! Ikke mobb!* lifted our spirits and ex-Hankattene out of their seats. The energetic performance with a much-needed anti-sexual harassment at the loft message felt like a reminder the Hankatt-boys needed themselves. Silver medal for self-awareness - we need this energy to bleed into real life, boys!

### **Fit and Pssexy**

Being against sexual harassment was not the only groundbreaking idea in Hankattene's arsenal, as the song was followed with a sketch about the essence of a modern, attractive man. Are the boys finally catching onto the idea that they don't have to look like bodybuilders to feel like real men? Hankattene seem to be leading the new body positivity wave in Ås, which is unexpected and exciting.

A sketch about the homoeroticism of PB satisfied Den X-Clusive Stiftelse, and a rap song followed with balloons and roses satisfied Hunkattene. We're guessing that referencing pop-culture and shouting out forenings was a big part of Hankatt-strategy for this revy. Maybe this took too much time to plan out, and that is why we were left with an underwhelming 'striptease' moment. A long and repetitive routine to Rihanna's Rude Boy left us wondering if we were rude to expect more.

### "Næsj på loftet!"

The Hankatt Show set off a promising beginning to the revy-season of 2022. The Hankatt-boys cannot let go of the trend of overwhelming the revy with musical acts instead of trying to develop and polish more sketches. Although that plagues the quality of the show, the verdict of Tuntreet and the audience is that "Går for Gull" was definitively "better than expected" but not worthy of the gold medal.

A special shout out should be given to the accompanying musical performance by Rockeklubben, as their contribution has definitely swayed the opinions of the harshest critics in a positive direction. The question is – should Hankattene stop beating the dead revy-horse and switch to making pure musicals instead? Follow your passion, gentlemen.











# The Art of Living in a Collective

A lot of students live in collectives. That means living with a chosen handful of people. What is it like to live with someone you have never met before, or with your best friends?



Silje Bie Helgesen Journalist

> Thea Samskott Translator



Anne Trætteberg Reitan Illustrator



### There are many positive sides of living in a collective

### Socially:

Living with others means being social. You have someone to eat dinner with, watch TV with, or talk to whenever you otherwise would have been alone. Living in a collective can create the feeling of having a family to come home to.

### New friends:

If you move in with new people, you get a unique chance to make new friends. It is easy to tag along on a cabin outing or a trip to the city, creating good memories together. This can lead to lifelong friendships.

### Personal growth:

You learn a lot while living in a collective, both about yourself and also about dealing with different dilemmas. Living in a collective forces you to make compromises, deal with other people, and learn to listen to other people's needs. You learn basic skills like setting personal boundaries or standing up for yourself.

### What makes a home:

Everybody has their own idea about what makes a house a home. Should the kitchen always be nice and tidy, or can you postpone doing the dishes? Do you decorate, or does it not matter? You shape your own definition of what makes a home.

### There are also some cons, which are good to be aware of

### Too crowded:

When living in a collective, things can become a little too crowded. You often share the kitchen, bathroom and living room. You'll start noticing other people's bad habits and messes, while your own bad habits and messes become just as visible. This can lead to periods of being a little sick of each other from time to time.

### Small things become big things:

Has somebody not cleaned the bench after using it, or are you sick of getting complaints? Small things can become big things. The crumbs on the kitchen become mountains, and that one girl in the collective is starting to resemble Aunt Sophie (from When the Robbers Came to Cardamom Town). Small things can easily get annoying when you live together.

#### What does the psychologist say?

We sat down with psychologist Trygve Moltzau who explained why conflicts can develop in a collective. He had some advice that can be good to keep in mind.

Be ready to swallow some camels

"My way" does not mean anything in a collective, he says. He says it can be good to be ready for conflict, and that it cannot be expected that everybody gets along perfectly.

He explains that there are many reasons for conflict, and that it can be difficult to always be on the same wavelength as many other people. "Group dynamics are complex. We are all affected by our upbringing."

#### Tips for avoiding conflict

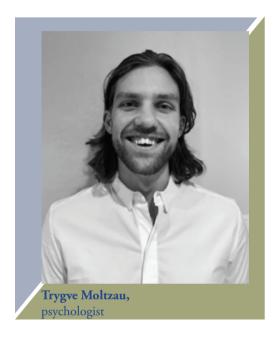
Let small things be, choose your battles. Ask yourself whether it is worth it to spend a lot of energy being annoyed on everyday trifles. In the same sense it is important to consider the rest of your flatmates. Think that your mess = everyone else's mess. At the same time, it takes one minute to wipe off the counter yourself, in case someone else forgot.

"A lot is accomplished as soon as you are ready to listen to other people's needs. Communication has to feel safe. You have to be able to talk about issues without it ruining the mood and people going straight to selfdefense," he explains.

He says there is no miracle cure for avoiding conflict, but that being open for dialogue is a great starting point.

#### 3 simple rules for good vibes in the collective:

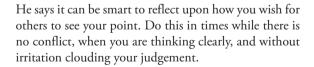
- 1. Set up a cleaning rota. This way, the flat is sure to be cleaned.
- 2. Ask before you borrow stuff from others. This way, you know it is fine!
- 3. Clean up your own mess from the common area



#### Tips for dealing with conflict

If there is already a conflict, psychologist Moltzau has some tips to get out of it pain-free; "If a fight occurs, you should step back and wait until the heat of the moment has settled. There can be misunderstandings and it can be advantageous to think through what you want to convey."

#### You should plan for war while there is peace



It is easy to focus only on your own point of view while in a conflict. Be aware that you can both end up with your heads up your own asses, not listening to each other. A tip can be to close your mouth and open your ears, and if you do so, the other person will likely also return the favor. When you are willing to understand other people's needs, you will figure it out.







On my mission to prove Iris van Brunschot's claims in "A glance at Norwegian dating" wrong, I had to test what she talks about as being "way too awkward": Sitting and talking in a café. It turns out me and Åsmund were luckier than we thought, because this Saturday, the café Klubben was transformed into the restaurant Klubben. In addition, I was luckier than I thought because this specific Saturday was Asmund's birthday.

#### On a date with a birthday boy

The birthday boy was radiating when he arrived after almost winning the the next challenge. I felt weak at the knees of admiration, and we treated ourselves to a two-course dinner with wine. My date had manners, and when he gave me chocolate hearts, I felt my heart pounding. I was glad to have his full attention, and got mixed feelings when he told me that he possibly maybe had a thing with someone else. However, he expressed clearly that he still is on the marked, and that the hope of me and all the other suitors could still live on.

#### Winning Åsmund's heart

I am certainly not selfish when it comes to my dates, and will gladly share the possible roads to Åsmund's heart with you. Firstly, I







learned that he has never asked anyone out to a restaurant before. That's why I think you should do like me - ask him out first! However, if you're more of the "typical Norwegian" type and want to go on a date in the forest, you might as well wait for Åsmund's initiative, because when it comes to that he describes himself as an expert. To get and keep his attention you have to show interest, but not too much of course. A classic Norwegian answer? If you manage to walk that tightrope, the price will be waiting in the future: a notched log cottage in Vestlandet with animals and a crystalclear mountain creek on the site. Here you will live with your and Asmund's soul intertwined in a sensual and joyful osmosis.

#### A conservative approach

Åsmund tells me that he values the conservative approach where you get to know each other first, then you explore made clear: get to know each other, flirt, kiss, have sex, have children, and lastly marriage problems. Åsmund seems to be a conservative joker, but he also sees why the dating culture in As described by Iris is the way it is. As is a tiny place, and it can be hard to make choices of thinking on a date with. You will in all likelihood meet your date again in one of Ås' many corners. When you have to be surrounded by everyone at any time, the threshold for opening up and actually caring on a date can easily become too high.

#### Sleeping with people is a holiday

It seems like you have to choose you timing carefully – Åsmund does not like dating multiple people. He doesn't take the matter of sleeping with someone lightly, and thinks Ås has a strong culture for one-night stands. "People should appreciate it more, and not take it so lightly. It should be a holiday, where 1+1=3" he tells me. It is also important to how you view yourself and others, and the Norwegian "nail and bail" culture can easily turn to a feeling of only serving as a wank roll to the other person.

#### Whorecrux

Åsmund has a concept he lives by, "whorecrux", which he describes as a dark, dark magic. It is based on Harry Potter's "horcrux", and it is the thought that you split your soul in multiple parts - one for every hook-up. But even though Asmund Tunheim wishes to keep most of his soul in his body, he admits to have fallen for the sins of the flesh – and even enjoyed it.

#### Recognizable characteristics

It turns out that Iris had some points in the last edition, some of which even conservative Asmund can recognize himself in. Despite my effort to ask someone on a talking date, I have to admit that I see myself in many of her descriptions. I have been on multiple hiking dates, and I have felt the power of a seemingly innocent "Hi!" in the bodega. I remember maybe two dates where alcohol wasn't involved neither before nor during, and I have taken awkward glances the day after both a date and a hook-up. In addition, I have never been asked "carefully" to go home with someone after the third date, it usually only happens after four beers in the bodega. I have to admit that Iris is hitting the nail on the head with her examples.

#### Long live the Norwegian dating

Still, I have found myself in very good dates without serious intentions. I have experienced the excitement of flirting in the bodega with the goal of waking up with someone I'll never speak to again. But I have also taken it very slowly, step by step with someone for a longer period of time – completely sober. I think Norway is the country where everything is allowed in dating. You can meet three different people in a week without being judged, or you can stay with the same person you met in high school for the rest of your life. If you are in the extreme points or somewhere in the middle, you are free to date or not date as you choose. As long as our intentions are clear and we don't make a fool of others why not give it a chance?









### **COMIC: The Students**



Signe Aanes Creator



Julie Hauge Blindheim Translator



### Personals

We have emptied the mailbox from the Bodega, and we finally have our result. Whether all these personals are legit, we will never know, but if one piques your interest, you can contact them. Maybe it could lead to something more?

41 36 33 44 Girl 21, 2000G

> Sivert 46787672 Don't call

Ingeborg<3

Contact me at: +47 951 78 201

Hit me up :)

Stian 95 22 57 57

Name: Martin

Seeking: Someone to watch Norm

clips with

Tel: 99 22 51 58

Your brown eyes catching mine As if I were lost in a full moon Conversation got lost, can it be found again?

Is it gay you are, when you're in Bergen? I don't want to trap you in a box Meet me at Bohemen in Ås? 91713103

Mathias Hals 471 50 235

Bukkekollegiet is pseeking man and woman (not psimultaneously)! Call 95 33 25 04 to have (the time of your life). Have you got a goat? Big bonus! Greetings from the Bookkeeper

STINE SEEKING MAN

On behalf of Stine (24), her friends are seeking a man, 20 years or older. As long as you bring wine to the date, the heart is in your hand. If you are a smoker or use snus, that's fine. Stine won't be able to stay away anyways. If you're interested, send a dm on Instagram @stinekristoffersen

Are you a cool person who likes the outdoor If so!! You are amazing<3 Hugs and kisses xoxo

Girl seeking nice boy - I'm busy. With ur mom **BJØRNAR KNUDSEN** ON FACEBOOK

Do you want to blow my clarinet? Contact me on snap: akselhn

Skogveien 22A **Rom 414** Come find me:\* Boy seeking woman Lots of experience, but not where they want it

Call Inger 46 78 58 87 Or: ingeerrr on snap <3

Emilie Emilie.sf on snap Eline Brenne is looking for love

Emilie Aaen 915 27 378

PB512 Nordhagen Tel: 46 96 84 22 I'd gladly take a girl who's inheriting a farm

**HØGSKOLEVEIEN 16** (BEDE)

Hi Kan you teach me how to telemark? If you do, I'm yours <3 Pernille

> IVER K. THOMASSEN Tel: 97 06 16 61 EMAIL: ITHOMAS@HOTMAIL.NO SEEKING: FRIEND / SUITOR

SANDRA SEEKING MAN In the matter of Sandra's (23) single life, her friends are seeking a man, preferably older and taller than 175 cm. If you like tenting, just go by yourself. We need lyx and mys. Instead, take a trip to Youngs in Oslo and treat her to a few drinks. If you are interested, send a dm on Instagram @sandramyhre

# Erotic short story competition!

Have you ever read an erotic short story and felt a little tickle in your (writing) hand? Do you have a burning desire to get your erotic piece published in Tuntreet?

This spring, you can quench your (writing) thirst through our erotic short story contest, with the chance to win a 500kr gift card from Kondomeriet.

Selected texts will be published throughout the spring, and the winning piece will be announced in the last edition before summer.

Send your submission to tuntreet@samfunnetiaas.no or deliver it to postbox 1211 in the post office. The author is anonymized, unless otherwise desired.

### SHOWER WALLS COVERED IN WHITE

Ottar was doing his usual workout at Eika. He was already at his fourth and last set of rows at the cable machine, thinking to himself: "Man, I was really good today". He noticed how it had gotten easier, which, perhaps, wasn't all that strange considering he had become much fitter since the beginning of the semester. He looked around the room as usual and saw lots of hot girls in tight yoga pants and tops that were just a little too short. It didn't bother him at all that the pandemic had finally calmed down as he had more to look at during his workout.

Suddenly he heard a short little moan, and his eye caught the outline of a very wellshaped ass. The person was doing some steady squats with heavy weights, slowly up, slowly down. He almost resembled a Greek god. You could clearly see that he had muscles, but contrary to Ottar, he wasn't that bulky. More of an athlete than a weightlifter. Hmmmm, Usain Bolt? Or

> was it more like one of the Ingebrigtsen brothers? No, he got it now, of course it was Simen from Gay på Landet. He became aware

> > of what he was doing

and shyly looked away. What was he doing staring at the gayest guy in Ås? He felt his cheeks getting hot and red. His veins protruded a little extra while lifting heavy.

tried Ottar frantically to focus on the floormat while continuing his heavy lifts. Fuck! Simen's confident moves made it impossible not to gaze admiringly towards his exquisite arm muscles.

This wasn't the first time Ottar had been fascinated by a man, but he had never dared to take the leap of faith. There was something special about Simen that made his gym shorts tighten a little extra. Thank God for the baggy workout pants!

In the same moment, he felt Simen's glance. Their eyes met in the mirror. Deep and intense eyes. He felt a burning heat spread all across his body, it was unbearable! He finally managed to tear away from the stare and jetted out towards the men's locker room. Fuck. Fuck, fuck, fuck! Luckily, the locker room was empty, so he punched the wall in frustration. His erection would not settle. He washed his face and finally managed to calm down. Breathe in, breathe out. Meanwhile, the images rushed through his head: Simen's strong arms going slowly up, slowly down. Ottar turned towards his locker and started to undress.

He heard the door open and didn't think much of it until he saw the silhouette of a sweaty, naked, male body right next to him. Ottar raised his head, and there they were again: those deep, intense eyes. The little towel didn't hide the hard limb beneath it very well. Simen gave him a smirk and walked toward the shower. And just like that the shame was gone. Ottar's heart pounded at a hundred miles per hour. He felt the wild beast inside him awaken. He tore off the last of his clothes and ran to the shower.

Inside the shower, Ottar saw the contours of a gorgeous wet god behind the partition all the way at the back. He felt all his control vanishing and walked toward Simen. Inside the booth he was met with two eyes screaming of burning lust. Ottar pushed Simen hard against the wall. The water running down Simen's golden body was the only thing separating them. Like a beast, Ottar threw himself over his prey. Simen's lips were soft, but firm, and Ottar quickly envisioned what else those lips could do. Their tongues coiled around each other. When Simen eventually freed his tongue, it slipped slowly but steady down Ottar's body. First his chest. Then his stomach. Then his dick. Ottar looked

up to the roof in pure pleasure and grabbed Simen's hair. His soft lips had a good grip around the shaft, and his wet mouth slid quickly back and forth. There was no doubt that Simen knew what he was doing, and it didn't take long before Ottar's breath grew deeper and deeper. He felt the orgasm build up, but right before the thrill reached the top, Simen let the penis slip out of his mouth. Ottar felt a sudden frustration, but was quickly interrupted by Simen standing up and propping himself up towards the wall with his hands well planted on the tiles. Over his shoulder, he sent a playful and provocative look to Ottar. He took the challenge, pulled Simen's hips towards him, and pushed himself in. Simen let out a loud moan. Ottar pounded forcefully, like he had lifted the weights earlier in the day. As the pounding grew faster, Simen's moans became louder. Simen wasn't shy, and led his hand down towards himself. Together they moved back and forth in a rhythmic dance, and their bodies became one.

In the heat of the moment, they could hear the locker room door open. As a reflex, Ottar placed his hand over Simen's mouth to muffle the screams, but the lust was too great to stop. They continued. The fact that the person in the locker room could expose them at any time made the whole situation more enticing. The excitement kept growing. Simen lost his composure and bit Ottar's finger. And as the locker room door slammed shut Simen let out a primal roar and painted the wall with his own semen. The stream just wouldn't end, soon the whole wall would be white. The sight was too much for Ottar, and he couldn't hold back any longer. He felt himself explode inside Simen. Then he burst out laughing before saying: "Now I see where you got your name from, Simen!".

Ass-Bjørnsen & Moan



Oda Braar Wæge Illustrator

Sofie Palmstrøm



# Tun and Things



Sofie Bergset Janols Photo journalist



Tuva Hebnes Photographer



Angeligue Rein Translator

#### Rørosrols course

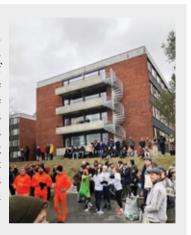
Leikarringen Frøy arranged a Røros pole course in Festsalen on February 5th and 6th. The course participants had a steep learning curve starting from a few easy basic steps and being able to do few rounds at the end of the weekend.

#### MiniUKEslipp!

At the miniUKEslipp on February 9th, the Ås students (finally) got to see what is on the program March 16th-20th. Norwegian artists such as the rap duo Erik & Kriss and rock duo brenn. will be playing, and we can also expect a St. Patrick's Day party and car bingo. Tuntreet is excited.

#### (Practice for) 3000m beer

On Saturday February 12th, Rævne arranged an open practice for 3,000 meters of beer race at Pentagon. The exercise coincided with the day all covid-19 restrictions disappeared, and there was a good atmosphere among the attendees. Tuntreet congratulates Magnus Foss from Gents who walked away with the victory.



#### Pizza at Curt's expense

On February 16th, the rector held a pizza party at Bikuben to celebrate that students can return to campus in full. Many people attended the festivities, and at one point the pizza queue stretched all the way to the Soil Science Building!



#### The SHoT survey 2022

Currently, students from all over the country are invited to respond to the Students' Health and Well-being Survey. The answers will be used to improve the students' everyday lives, and Tuntreet encourages people to answer the survey before it is rounded off on March 13th.

#### Koneklubben

On Saturday February 12th, Koneklubben also turned 10 years old. Tuntreet congratulates them!

#### **Business Day**

On February 16th, Business Day 2022 kicked off. Like last year, it was a Digital Business Day, where attendees could visit stands, talk to companies, and have their CV reviewed over the internet.



#### End of the semester structure project

Following a review of the consultation responses from this autumn, it has been decided that the semester structure project will be terminated. From the consultation responses, it appears that some are positive about the European model, while the seminar model receives low support. The current model turned out to be the most satisfactory, and it was therefore decided to end the study of alternative semester models. How to make better use of days, blocks and the academic year will be investigated further.

#### NMBU in agreement with Sustainability AS

NMBU has entered into a one-year agreement with the PR agency Sustainability AS, Khrono reported on February 18th. Sustainability AS, a subsidiary of the PR agency First House, will help NMBU profile itself as a sustainable university.

### Words of Wisdom from the Elderly

Linn Skåber is one of the funniest people I know of! She has also proved herself to be a truly competent writer. I have read "Til ungdommen" (To the youth) as well as "Til de voksne" (To the adults), and now I'm running through the pages of "Til oss" (To us). Skåber has interviewed, observed, analyzed, and written. And the texts are filled with warmth, humor, wisdom, sorrow, and joy. In the last book, "Til oss", she gives us the stories, quotes, and perspectives of the oldest people among us. I have not yet read the whole book, but I have stumbled upon one of the quotes which have stuck with me ever since:

"When you turn 80, things get serious. Do not worry too much before that time comes."

I don't know about you, but I both laughed to myself and felt thoughtful when reading these words. It sort-of gave me a different view on things. And it made me think about how many things I worry about. Every day I worry about something – big or small. Then it hit me that I do not want to turn 80 years old and feel like I have spent too much time worrying.

There is something beautiful about the wisdom of the elderly. Simple, humorous quotes can still present a deeper truth. Growing up, I was taught to learn from my mistakes. "Once bitten, twice shy". But I also think we can learn from the mistakes and experiences of other people. I think it's smart of us to listen to the wisdom of older people. And I think that many of us need to be reminded that we should worry less

It is no simple task to counteract the worries that show up in our mind. And sometimes it is impossible. But other times, maybe you can make it work. And sometimes you may even need the help of someone else to sort things away for a bit. If you want me to, I can be that someone else. Someone you can vent to, someone who can listen, and help with sorting out thoughts and feelings. Being a student priest is all about offering care and compassion for each and every one of you. And it actually is my job to listen and to be there with you, no matter what you are going through. When life gets too big or too small.

- Ingrid, student priest

Student prestene Du kan snakke med os



Ingrid U. Øygard and Sigurd A. Bakke are the student priests here at NMBU. Their office is in the basement of Urbygningen. They are available if you need someone to talk to, seek advice or want to have a discussion. The office is open on Wednesdays from 11:00 to 15:00, but also available other days.

Appointments are made: Ingrid: io484@kirken.no, 95919318 eller Sigurd: sigurd.a.bakke@nmbu.no , 99015790



## Student things

Hurray and happy normal days are back! Campus has opened again. The government has removed all regulatory measures against covid-19, including requirements for face masks, one meter distance and the obligation to isolate in the event of illness. We are excited to welcome all students back to campus and to the student parliament which will be happening in our old location now. Yay! TF 102 Wing 3. Student democracy is heading towards brighter times.

The new student parliament representatives are all energized to work on huge and exciting cases for 2022. We in AU have shared the knowledge and resources to work together with students to all our representatives in different committees of the student democracy. We had Avspark Seminar, FAK US/FS seminar, FAK FU/SU seminar, and election committee kickoff. It is always great to see the new engagement and ideas evolving to strengthen student voices and representation around NMBU and As.

The survey for the Study Barometer is out. NMBU students are pleased on average in relation to teaching and study programs with good results in terms of guidance, feedback, academic and social learning environment. The survey shows that students are tired of homeschooling and miss their social life. The result confirms what we knew from before, that we are not satisfied with the academic learning environment and miss social learning. However, restrictions are gone, and life is starting normally but it will still be important to work effectively to make your studying life better.

To integrate well into social life, we in AU are also hosting the biggest party on 12th of March at Aud Max: Student Democracy Festival! An entire evening for all the elected representatives from all faculties, both at central and local level, where we celebrate each other and democracy. We hope to see you all.



Feel free to follow us on Facebook and on Instagram! There are always competitions, info about exciting elections, and fun memes.

And again, remember that the door to U118 leading to the extremely cozy AU office on the first floor of the Clock building is always open for you to come by and say hi. We can discuss cool student projects or politics. Otherwise, do not hesitate to get in touch through email. Student Democracy is for everyone! Lots of love <3

Ina M. Finnered Vegget 5 Marson

NiaTI mit.

### nairman's column

government to compensate for some of the negative effects of the pandemic. We have listened to the wishes of the Student Parliament regarding how we should spend that funding to better the students' lives as much as possible. It is with great pleasure that we can announce that we will continue with the Student Mentors and "SiÅs' Welfare Fund". These initiatives have been very popular, and we hope that they will bring the same amount of joy this year. It felt great to see all the activities that were supported by SiÅs' Welfare Fund, and we look forward to seeing what the students will do with it this year.

Volunteering is part of the Ås spirit, and the very backbone of the social life in Ås. Therefore, some of the governmental support will be spent on supporting the organized volunteering by offering courses for representatives of clubs and organizations. We hope that this will strengthen the volunteering and support the important initiative that this is for the students.

The student welfare organizations have received funds from the You have probably received both a text and an e-mail inviting you to take part in the SHoT survey 2022. The survey is a great way to get a better idea of what needs the students have, regarding their physical and mental health and well-being. We wonder how you are doing nowadays. How is it to be a student right now? Is it easy or demanding, and are you enjoying life as a student?

> This, and more, is what we want to find out through the SHoT survey. Now more than ever, as we have made our way through two years of lockdowns and social distancing. I hope that you can offer just a moment of your time to reply to this survey. If you do, we can get a better idea of how it is to be a student right now, and an opportunity to better satisfy your needs.

> Thus, I encourage you to help us work for a better student life, by taking the SHoT survey.

> > John Sollishugen

Chairman of SiÅs Selma Sollihagen

### The Office

Hello there, everyone! Society has finally reopened, and we look

forward to hosting our events like we once used to, in the time ahead of us.

Since last time, UKA in Ås has hosted the miniUKEslipp! We are pleased with the event, and it was so much fun to present what we have been working on. We hope that everyone is looking forward to miniUKA, March 16th to 20th, with activities and fun for everyone! The organization is also done with the last recruitment period before miniUKA. We hope that most of you got the position that you wanted, and that you will have a good time as volunteers for UKA i Ås. We greatly appreciate your efforts. If you have not applied but would like to volunteer, please get in touch and we will see if we can find a vacant position for you.

Since we last spoke, NU has hosted their online Business Day of 2022! Just like last year, it felt natural to host this year's fair online. Though we obviously look forward to hosting in-person career events in the future, the online fair allows for other opportunities. For example, companies from across the country are able participate. The Business Day went above all our expectations, and it was so much fun to see so many students participate. We hope you all had a fruitful and fun

Business Day, and that you are left with many useful discussions. Since last time we have also done both the "Tips and tricks for the online Business Day 2022", with CV photos, along with the "ABCs of Job Applications". Both events had great attendance, and I hope that you got all the answers you were looking for. With the Business Day and its related events all done, we on the board of NU look forward to the coming semester!

Since last time, Samfunnet i Ås has hosted its first parties of the year, both with and without covid restrictions. Internally, we have had a period of workshops, where committee members and heads have done tasks given by the board. The first party of the semester was the kickoff with 06 Boys; a great success, even though we could only house 250 guests and had to prohibit dancing and demand the use of face masks. Many thanks to everyone who

were patient when we had to be lame with the infection control. Now, we have finally reopened the place, and it warms the heart of a Samfunnet leader to see Thorvald and Tora back in a house in full operation.

We look forward to the time ahead of us, and all the fun we will have!

Jorgan Borden

Jørgen Bonden

UKE leader for UKA i Ås 2022

Nova C. Hidne

Nora Hjelme

Head of the Business Committee at NMBU

Hedda Meilander-Lassen

Hedda Meilænder-Larsen Head of Samfunnet i Ås

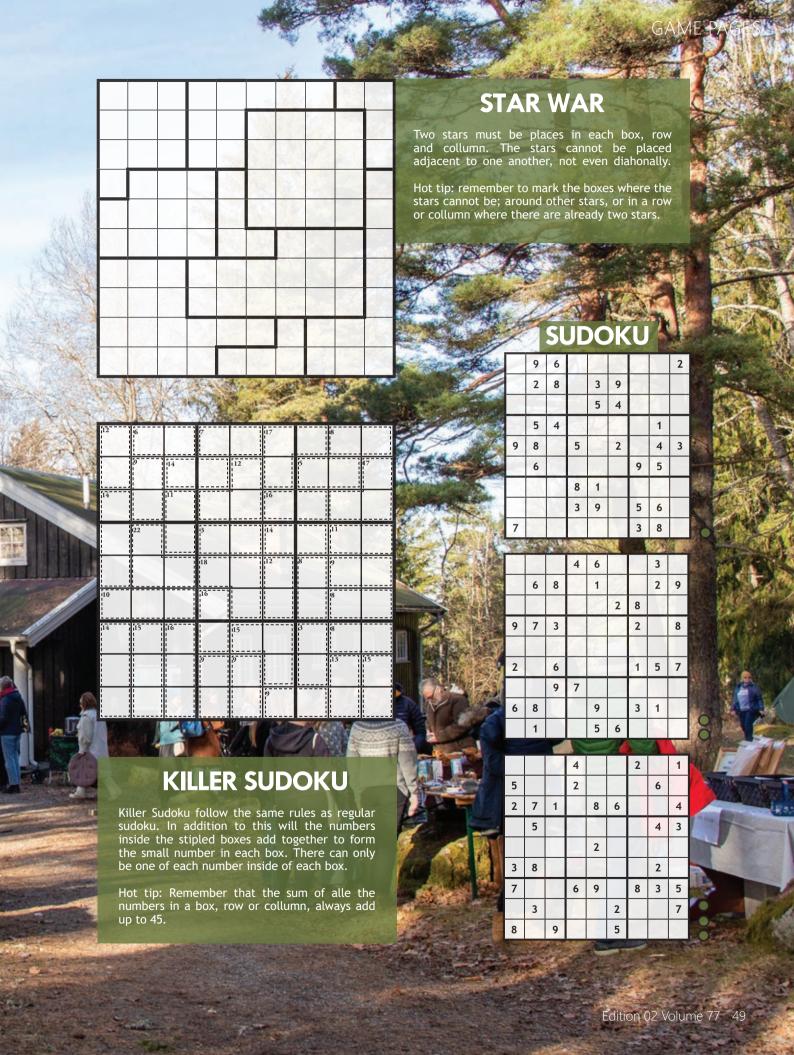


#### **NONOGRAM KEY TT01**

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# Foreningsp



Skaal FFD! Skaal Skriver! Skaal \$paregris! Skaal Hunkatter! Skaal Qlturelle samt Xklusive! Skaal Pusekatter! Skaal Tora samt Thorvald!

When 7 Brew become too few... or too much under 3000m Brew. Do you need something to do whilst seated at the Stands? The Association Hunkatten have noted down 19.60 Points

one can keep themselves entertained with!

Drink for the following events: The Start Signal is heard A Running Cat hurries past you First Woman Finished "I thought the running was the worst part" Backwash hits someone in the Head BEtrayal in Attempted Cheating CA is dressed in Gold (one Sip per CA) A Rævnekar rips his Trousers An Announcer trash-talks a Pusekatt Someone is about to Puke Hankatt/Recruit in Economy Judge cracks a Whip Office Break behind the Forest You see what S. Lærken have eaten for Breakfast PB-Man shouts "ААААННН" Quick Shades

Skaal for filling the gob!

New Record

Stunt gives their all

FFD takes a Victory Jump

Qlturell Hilsen Jurist Maren, Barkatt Marthe, Edelkatt Tiril samt Pusekatt Gunnhild



Dear Thorvald and Tora, DO NOT **READ THIS!** 

I'm here to help you, but you CANNOT go around telling people I told you, cuz then I won't tell you anything next time!

So what you might know is that Swingklubben Snurrebass (The Swingclub) dances every Monday and Thursday, and that you can find when and where in the group on facebook. But here's the thing, I know that it can be scary and awkward to meet there alone, so I got you! I've been able to find out that they are having a beginnerscourse 26-27.2!!! There will be a bunch of other beginners who are also coming alone and don't know anyone, so you won't be that alone. Also, I've heard rumors about pizza and some partystuff on the Saturday for those who join? Did you hear that?

Anyways, you didn't hear this from me, but beginnerscourse and course every monday and thursday? I'm at least going to be there!

Maybe we can be Snurrebasser together?

Best regards Poster Girl

You didn't hear this from me!



#### REOPENING

Now, we can finally get creative Party nights, admissions, and more fun Time to get risky

Thanks to Rævne for 3000 metres beer Congratulations to the birthday boy who got silver

We look forward to next time Then F&F too will participate

Thank you to Koneklubben for inviting us to their jubilee That was a nice gesture

Our representants had a good time With their dresses all awry

Our new ladies are admitted Together we'll be great Passionate girls who are ready for everything Even tequila and salt

On Saturday there's a concert and Afterski Party nights on Fridays are almost over The Sundays will remain hard Take care

Forfatterfrøken



8th of March is closing in, and this year, it's 107 years since the international women's day was first celebrated in Norway. Strong women paved the way for all their daughters, sisters, and mothers. We wish there were no need for such a day in 2022, but it is. We have to keep being the strong women we are in order for our daughters to be able to grow up in an equal and fair world.

We in Collegium Alfa raise a toast for all women out there, and for society reopening!



Dear fellow students at the Agrarian Metropole

We in the Academy take great pleasure in the country reopening and we are again able to meet, something which we are greatly looking forward to.

Entering a new year, the Academy has had an incredibly busy time. Bar planning for miniUKA and the application process has kept our gentlemen busy, but that does not mean we haven't had a good time.

The Academy has been to rehearsals of 3000 merres beer with Mannskoret. We congratulate Magnus Foss with the victory and are looking forward to seeing you win again. We also started the year with a small internal party with some of our old members to kick off the year. We have a lot more events planned, which we are looking forward to.

We would also like to congratulate Koneklubben Freidig with their 10-year jubilee. The celebration was exquisitely executed, and we hope for many more cheeky years for you.

Otherwise, we wish you all "Happy reopening!" We appreciate the new students who get in touch with us a lot and we are looking forward to meeting many new faces.

Gents Academy w/ Lord Ambassador

#### Opening & blooming

The city is in bloom and so are the pastures Spread your legs and show me the metre We are heading towards reopening My crevice makes you gasp The R and intensive too blooms My crotch is in bloom Soon we might see a contagion renaissance But until then, we will dance

- Thomas Berthelsen



Ten years we've become Intensely eager and cheeky with aprons on Åh the years go by, and finally it is our turn Revue will be next year Special bowties, cakes and maybe some sweet treats hidden away? Jelly shots galore! Unbelievably fun Balloons covering the walls Incredibly cosy Laughter resounding Extraordinary Unable to stop smiling Many possibilities in the next 10 years

#### Koneklubben Freidig



Hello again to our lovely fellow students.

Our fatherland has finally reopened, and the nice weather is making itself known across the fields of Ås. Our herd has had its wool ceremony, and one might think that this means the spring's shearing, but no - our new lambs have gotten proper wool coats and are now to be considered full-fledged sheep. Apart from this, various associations are organising 3000 m bee(ee)r, Karskrennj and Kurt Stilles, and we in DÅs are more than willing to strut our lovely fenalar, both on skis, ice skates, and sneakers amongst the crowd of students at Ås.

Finally, we would like to congratulate Koneklubben Freidig with their upcoming jubilee. We are honoured to be able to celebrate alongside you.

Have a lovely spring graze!

GoodBahye for now!



Hey you!

8th of March is closing in! The international women's day. A day for fighting, where all who fight for equality stand in solidarity with each other, we honour those who have fought before us and celebrate the progress we have made.

Do you know why you should join our 8th of March parade? (Apart from your proequality stance and your frustration with society's suffocating gender roles). This is when you get to walk in solidarity with Polish women, where abortions are banned. Even though the UN Human Rights Committee has acknowledged that access to safe abortions is a human right. We can't walk backwards into the future?!

Will you walk with us? Wear your red socks and meet us in Ås centrum at 16:30.



New year – new opportunities Soon spring – looking forward to rides When the snow is melted and the ice is gone, with the sun shining, we'll be off

We are looking forward to a new year with loads of driving. And hope for a time where we can enjoy both the roads and company for us and with others.

The oil will be changed, and the bike cleaned. The helmet is gathered, and we are ready, yes!

Back to brighter times - the sun is already warming us, and we are excited for what the new year will offer us.

Until next time we'll see each other – along the road or other places within the country NMBU MC

### Have you heard...

Hungry

Does anyone know if they'll hand out more student packages? I need taco spice mix...

goodtimes

If anyone had told me in the autumn of 2019 that it would be hard to get tickets for a hankatt revue I would not have believed them e

Actually not from the cultural triad

Maybe not so strange when the revue was this great!

Drunk's not gold

Imagine having the same kind of liquid courage whilst sober, just without all the dumb stuff one says

Wash those hands!

Sustainability AS just sounds like a greenwashing business!

Vask de henda!

Sustainability AS høres faktisk ut som et grønnmalingsfirma!

7r

Just love how NMBU will use 1.6 mil for greenwashing just to give the headmaster PR advice. Maybe TikTok's just not it for NMBU?

Wash those hands

Isn't NMBU supposed to research and educate good candidates? Not make strange commercials where one changes all the words to NMBU?

What's the big idea?

When is Storebrand opening? Or can they just move the fence so I can use the pavement again at least and save some time!

7r

Hva skjer når mange studenter fortsatt savner Sjur som rektor? Joda, Curt inviterer til gratis pizza;)

What's the big idea?

Has your daily life changed that much after changing headmasters? 'Cause I haven't noticed anything!

**Confused first-year** 

What's up with those running around dressed in orange, I don't get what they're trying to achieve, but quite frankly, they look stupid

Discovery

They were actually supposed to participate in the Olympics, skiing.

Uuuuhhhh?

Why is Samfunnet so behind? The rules for kickoff are so much stricter than national restrictions? There isn't a ban on dancing???

Come on now

It's just so lame, when there's such a small culture scene here, there could at least be more than 200 tickets...

Slightly sceptical

Jens' new employment

\*Shows cameraderie is alive and well in the higher echelons of power in Norway

\*Oldies who return home get jobs instead of overqualified women So now we just have to wait and see if NATO wages war when Stoltenberg is gone

StoStoS

S: maybe I'm starting to get a bit of dyslexia myself S: maybe my dyslexia is contagious!





















Do you read every word with great interest, or do you just skim the magazine?

Do you want Tuntreet a bit closer to your study halls or group room?

Answer this survey and help us reach more people.